

20 KM CASCAIS

Patrocinio: CCDP MUN. CASCAIS

Apoio: C. M. CASCAIS

Data 03/02/2008

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
1	3	LINO BARRUNCHO	31	M2034	1	M			MARATONA CP	01:03:56	01:03:54
2	2	ANTONIO SOUSA	37	M3539	1	M			BPN	01:07:05	01:07:03
3	1031	STEPHEN JOLY	24	M2034	2	M			CCDF EP LINHO	01:07:06	01:07:05
4	1	ARTUR SANTIAGO	36	M3539	2	M			GDU CAXIENSES	01:08:14	01:08:12
5	621	JULIO HENRIQUES	46	M4549	1	M			GA FREG VIDAIS	01:08:14	01:08:12
6	492	NUNO ROMAO	35	M3539	3	M			GDR REBOLEIRA	01:09:01	01:08:58
7	296	CARLOS SANTOS	39	M3539	4	M			GAA VILA FRANCA	01:09:13	01:09:10
8	1072	EL MEDI YAKOUB	40	M4044	1	M			CCR ALTO MOINHO	01:09:25	01:09:24
9	146	JOAO VAZ	40	M4044	2	M			A VALE SILENCIO	01:09:56	01:09:55
10	898	JOAO CALDEIRA	46	M4549	2	M			LINDA A PASTORA	01:10:12	01:10:02
11	747	VIRGILIO GOMES	39	M3539	5	M			GD MACEDO	01:10:17	01:10:14
12	451	LUIS LIMA	36	M3539	6	M			GDU CAXIENSES	01:10:20	01:10:18
13	218	JOSE MARTINS	42	M4044	3	M			GRD OS FIXES	01:10:43	01:10:41
14	456	JOSE GIL	50	M5054	1	M			GDU CAXIENSES	01:10:55	01:10:51
15	742	JORGE REIS	49	M4549	3	M			GD MACEDO	01:10:56	01:10:54
16	202	ALEXANDRE SOARES	46	M4549	4	M			GD AMARO	01:11:01	01:10:59
17	491	FILIPPE SILVA	55	M5559	1	M			GDR REBOLEIRA	01:11:05	01:11:04
18	1079	MARCO MELLO	37	M3539	7	M			C OLIMPICO OEIRAS	01:11:08	01:11:07
19	901	JOSE VIRALHADA	27	M2034	3	M			LINDA A PASTORA	01:11:25	01:11:14
20	666	JOSE HEITOR	46	M4549	5	M			BPN	01:11:47	01:11:43
21	620	CLAUDIO CARDOSO	30	M2034	4	M			GA FREG VIDAIS	01:11:55	01:11:46
22	1324	FERNANDO CARMO	40	M4044	4	M			INDIVIDUAL	01:12:03	01:11:59
23	1429	JACINTO NASCIMENTO	38	M3539	8	M			INDIVIDUAL	01:12:05	01:12:03
24	4	TELMO SILVA	30	M2034	5	M			GD FABRIL	01:12:11	01:12:07
25	908	JOAO CARDOSO	46	M4549	6	M			CP LIBERTY	01:12:19	01:12:18
26	453	EUCLIDES VARELA	25	M2034	6	M			GDU CAXIENSES	01:12:28	01:12:03
27	740	JOAO GINJA	42	M4044	5	M			GD MACEDO	01:12:34	01:12:30
28	619	LUIS PEDRO	36	M3539	9	M			GA FREG VIDAIS	01:12:41	01:12:35
29	780	ANTONIO PAIS	38	M3539	10	M			CCD O ALVITEJO	01:12:51	01:12:50
30	455	LUIS COELHO	35	M3539	11	M			GDU CAXIENSES	01:13:01	01:12:51
31	7	ANTONIO SILVESTRE	38	M3539	12	M			CCDP MUN CASCAIS	01:13:18	01:13:17
32	1256	HELDER FERREIRA	32	M2034	7	M			INDIVIDUAL	01:13:19	01:13:05
33	203	JORGE GOMES	46	M4549	7	M			GD AMARO	01:13:25	01:13:23
34	519	LUIS GOMES	39	M3539	13	M			ARSC TOLEDO	01:13:30	01:13:29
35	917	PAULO GUIMARAES	30	M2034	8	M			CP LIBERTY	01:13:52	01:13:50
36	913	MANUEL VILELA	44	M4044	6	M			CP LIBERTY	01:13:56	01:13:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
37	1233	PEDRO AMARAL	30	M2034	9	M		GD DIANA	01:14:29	01:14:28
38	1026	NUNO RAPOSEIRO	37	M3539	14	M		CCDF EP LINHO	01:14:58	01:14:54
39	782	JORGE PEDRO	41	M4044	7	M		CCD O ALVITEJO	01:15:02	01:14:55
40	919	FERNANDO RIBEIRO	41	M4044	8	M		CP LIBERTY	01:15:04	01:15:03
41	61	JULIO MARQUES	31	M2034	10	M		GD COSTA BRAVA	01:15:09	01:15:01
42	62	CARLOS CORREIA	33	M2034	11	M		GD COSTA BRAVA	01:15:13	01:15:12
43	447	MIGUEL GRAÇA	39	M3539	15	M		C OLIMPICO OEIRAS	01:15:13	01:15:04
44	515	NELSON SANTOS	33	M2034	12	M		ARSC TOLEDO	01:15:30	01:15:27
45	1047	CARLOS CARAPETO	44	M4044	9	M		CN RIO MAIOR	01:15:31	01:15:24
46	1447	JOSE M ANTUNES	41	M4044	10	M		INDIVIDUAL	01:15:32	01:15:31
47	1146	DAVID FERNANDES	33	M2034	13	M		INDIVIDUAL	01:15:39	01:14:47
48	880	MARIO PINELA	40	M4044	11	M		UCRD PRAIENSE	01:15:41	01:15:09
49	1099	JOSE PIRES	42	M4044	12	M		VRC CARPINTARIA	01:15:43	01:15:35
50	118	LUIS MATOS	37	M3539	16	M		A BAIRRO CANSADO	01:15:56	01:15:54
51	216	FELIX TAVEIRA	50	M5054	2	M		GRD OS FIXES	01:15:59	01:15:54
52	1086	MARIO CHAVES	32	M2034	14	M		GOLD NUTRITION	01:16:08	01:15:55
53	204	MARIO GUERREIRO	45	M4549	8	M		GD AMARO	01:16:12	01:15:59
54	623	JOAO VALENTIM	48	M4549	9	M		GA FREG VIDAIS	01:16:17	01:16:05
55	946	RUI INFANTE	36	M3539	17	M		C PRAÇAS ARMADA	01:16:20	01:16:19
56	936	JOSE FELIX	40	M4044	13	M		CF OS AVISENSES	01:16:28	01:16:23
57	195	PEDRO DIAS	37	M3539	18	M		C SARGENTO	01:16:28	01:16:24
58	248	JOAO INOCENCIO	37	M3539	19	M		GRUPO S	01:16:29	01:16:26
59	774	DEOLINDO ANDRE	47	M4549	10	M		URCA	01:16:31	01:16:21
60	660	AUGUSTO PIRES	55	M5559	2	M		BPN	01:16:34	01:16:33
61	1063	JORGE PINA	31	M2034	15	M		SR CAMARNAL	01:16:36	01:16:34
62	478	MIGUEL TAVARES	35	M3539	20	M		CA PATAMEIRAS	01:16:37	01:16:31
63	744	MARIO PEDRO	32	M2034	16	M		GD MACEDO	01:16:49	01:16:45
64	476	ALEXANDRE MAGALHAES	30	M2034	17	M		CA PATAMEIRAS	01:16:50	01:16:49
65	731	OSVALDO NASCIMENTO	44	M4044	14	M		GD MACEDO	01:16:50	01:16:49
66	777	ALEXANDRE FERREIRA	49	M4549	11	M		URCA	01:17:21	01:17:20
67	1326	VITOR BARROS	48	M4549	12	M		INDIVIDUAL	01:17:22	01:17:08
68	910	JAIME LAMEGO	48	M4549	13	M		CP LIBERTY	01:17:24	01:17:20
69	950	NUNO GRAÇA	24	M2034	18	M		CCR MADORNA	01:17:31	01:17:24
70	1075	FERNANDO GONÇALVES	51	M5054	3	M		CCDP MUN CASCAIS	01:17:37	01:17:34
71	772	CARLOS PIRES	36	M3539	21	M		URCA	01:17:51	01:17:39
72	714	GERMANO SILVA	49	M4549	14	M		AD REAL ACADEMIA	01:17:58	01:17:49
73	183	ALESSANDRO ALMEIDA	29	M2034	19	M		MIRANTENSE FC	01:18:04	01:17:41
74	720	VITOR SILVA	41	M4044	15	M		AD REAL ACADEMIA	01:18:20	01:18:13
75	389	MANUEL MASCARENHAS	24	M2034	20	M		PRE TEAM	01:18:22	01:18:19
76	1028	CASIMIRO MORAIS	41	M4044	16	M		CCDF EP LINHO	01:18:23	01:18:17
77	736	CONSTANTINO ARAUJO	40	M4044	17	M		GD MACEDO	01:18:36	01:18:28
78	900	JORGE BALTAZAR	46	M4549	15	M		LINDA A PASTORA	01:18:37	01:18:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
79	1129	CARLOS COUTO	30	M2034	21	M		INDIVIDUAL	01:18:48	01:18:30
80	1183	JOAO ANTUNES	39	M3539	22	M		INDIVIDUAL	01:18:58	01:18:57
81	245	FRANCISCO ESPRESATI	48	M4549	16	M		TRIOEIRAS SC	01:19:05	01:19:04
82	980	JORGE VEIGA	43	M4044	18	M		NAZ ABOBODA	01:19:07	01:18:47
83	961	JOAO MARQUES	39	M3539	23	M		D MONTE REAL	01:19:11	01:19:06
84	983	ALMERINDO SECO	49	M4549	17	M		NAZ ABOBODA	01:19:12	01:19:01
85	802	LUIS RAFAEL	36	M3539	24	M		GD SANTANDER	01:19:19	01:19:18
86	1025	LUIS DIAS	47	M4549	18	M		CCDF EP LINHO	01:19:21	01:19:16
87	1023	PAULO MOIA	30	M2034	22	M		CCDF EP LINHO	01:19:22	01:19:17
88	511	MARCOLINO VERISSIMO	36	M3539	25	M		SS CGD	01:19:24	01:19:16
89	912	ANTONIO BENTES	60	M6064	1	M		CP LIBERTY	01:19:25	01:19:11
90	786	JOAO JACINTO	50	M5054	4	M		CCD O ALVITEJO	01:19:27	01:19:21
91	1098	LUIS DUARTE	35	M3539	26	M		VRC CARPINTARIA	01:19:41	01:19:36
92	1112	JOSE AFONSO	47	M4549	19	M		INDIVIDUAL	01:19:41	01:19:40
93	333	JOSE CUNHA	43	M4044	19	M		OS ZATOPEQUES	01:19:51	01:19:39
94	915	RUI CARAMELO	36	M3539	27	M		CP LIBERTY	01:19:56	01:19:34
95	1465	CAMILO COLAÇO	41	M4044	20	M		INDIVIDUAL	01:19:59	01:19:57
96	318	JORGE AMARAL	39	M3539	28	M		GD MPL	01:20:01	01:19:49
97	1364	NUNO ALVES	31	M2034	23	M		INDIVIDUAL	01:20:02	01:19:41
98	916	JOSE CARAMELO	36	M3539	29	M		CP LIBERTY	01:20:04	01:19:43
99	542	PAULO MATA	43	M4044	21	M		GD BV ALVERCA	01:20:10	01:20:03
100	386	JORGE SERRAZINA	51	M5054	5	M		CA OBIDOS	01:20:13	01:20:09
101	174	CARLOS PEREIRA	57	M5559	3	M		CD ASAS	01:20:15	01:20:12
102	981	AUGUSTO DIOGO	43	M4044	22	M		NAZ ABOBODA	01:20:19	01:20:01
103	751	LUIS CIPRIANO	34	M2034	24	M		GDCR ZAMBUJEIRA/	01:20:37	01:20:16
104	283	ADERITO LOPES	43	M4044	23	M		GRD RIBEIRA LAGE	01:20:47	01:20:44
105	1078	FERNANDO PROENÇA	54	M5054	6	M		GDR PAP	01:20:52	01:20:52
106	13	JOAO PEREIRA	45	M4549	20	M		CCDP MUN CASCAIS	01:20:53	01:20:46
107	470	VITOR LIMA	40	M4044	24	M		GDU CAXIENSES	01:20:55	01:20:43
108	905	CHANTAL XHERVELLE	39	F3539	1	F		CP LIBERTY	01:20:55	01:20:53
109	1500	LUIS VALVERDE	42	M4044	25	M		CEFA MARINHA	01:20:55	01:20:53
110	150	PAULO PIRES	33	M2034	25	M		A VALE SILENCIO	01:20:56	01:20:54
111	693	NUNO E SANTO	37	M3539	30	M		AÇOREANA	01:20:58	01:20:56
112	625	DOMINGOS NECA	53	M5054	7	M		JOVENS SERRA	01:21:03	01:20:57
113	1362	JOAO RODRIGUES	48	M4549	21	M		INDIVIDUAL	01:21:08	01:20:43
114	1167	PEDRO GONÇALVES	36	M3539	31	M		INDIVIDUAL	01:21:10	01:20:44
115	860	LUIS ALBUQUERQUE	37	M3539	32	M		C MILLENNIUM BCP	01:21:13	01:20:54
116	810	JOSE DIAS	51	M5054	8	M		CR CRUZ PAU	01:21:19	01:21:19
117	812	CARLOS PALAS	48	M4549	22	M		CR CRUZ PAU	01:21:19	01:21:14
118	762	ANTONIO SANTOS	45	M4549	23	M		CAA BELEM	01:21:25	01:20:46
119	778	JORGE BOTELHO	37	M3539	33	M		URCA	01:21:25	01:21:25
120	1370	RUI YEIXEIRA	44	M4044	26	M		INDIVIDUAL	01:21:25	01:20:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
121	517	JOAQUIM RODRIGUES	38	M3539	34	M		ARSC TOLEDO	01:21:29	01:21:29
122	1050	PEDRO ESTEVENS	49	M4549	24	M		C FERROV	01:21:38	01:21:11
123	1030	FRANCISCO SILVA	37	M3539	35	M		CCDF EP LINHO	01:21:42	01:21:39
124	686	JORGE SERRA	41	M4044	27	M		AÇOREANA	01:21:45	01:21:39
125	1330	JORGE MIMOSO	36	M3539	36	M		INDIVIDUAL	01:21:49	01:21:21
126	783	ANTONIO AZEDO	42	M4044	28	M		CCD O ALVITEJO	01:21:51	01:21:32
127	735	CARLOS FORTUNATO	47	M4549	25	M		GD MACEDO	01:21:53	01:21:53
128	401	PETER COOPER	42	M4044	29	M		CLAC PAREDE	01:21:55	01:21:47
129	681	CARLOS FONSECA	47	M4549	26	M		AÇOREANA	01:22:00	01:21:56
130	316	LUIS BARATA	35	M3539	37	M		NUCLEOEIRAS	01:22:04	01:21:55
131	527	ANTONIO SANTOS	48	M4549	27	M		SL CAMPOLIDE	01:22:05	01:22:05
132	1373	MARIO J MARTINS	40	M4044	30	M		INDIVIDUAL	01:22:07	01:22:07
133	1125	JOAQUIM MARINHO	49	M4549	28	M		INDIVIDUAL	01:22:11	01:22:09
134	282	NUNO CARRILHO	32	M2034	26	M		GRD RIBEIRA LAGE	01:22:25	01:22:24
135	1380	JOAO FAUSTINO	34	M2034	27	M		INDIVIDUAL	01:22:25	01:21:40
136	529	ALFREDO VALENTE	44	M4044	31	M		SL CAMPOLIDE	01:22:27	01:22:22
137	419	RUI LACERDA	35	M3539	38	M		O MUNDO CORRIDA	01:22:28	01:22:28
138	44	CARLOS CRISOSTOMO	49	M4549	29	M		CD MAFRA	01:22:34	01:22:30
139	1231	SERGIO RIBEIRO	33	M2034	28	M		INDIVIDUAL	01:22:35	01:22:31
140	445	JOSE JESUS	35	M3539	39	M		C OLIMPICO OEIRAS	01:22:36	01:22:27
141	499	JOAO MEDEIRO	44	M4044	32	M		SS CGD	01:22:37	01:22:29
142	670	VITOR CABRITA	41	M4044	33	M		BPN	01:22:43	01:22:35
143	1049	AIRES SAO PEDRO	53	M5054	9	M		C FERROV	01:22:49	01:22:31
144	543	LUIS ROMEU	45	M4549	30	M		GD BV ALVERCA	01:22:54	01:22:54
145	1168	FERNANDO VAZ	38	M3539	40	M		INDIVIDUAL	01:22:54	01:22:39
146	1130	JOSE A SILVA	41	M4044	34	M		INDIVIDUAL	01:22:56	01:22:56
147	149	RUI PACHECO	31	M2034	29	M		A VALE SILENCIO	01:22:57	01:22:53
148	1029	DOMINGOS HERCULANO	52	M5054	10	M		CCDF EP LINHO	01:22:58	01:22:52
149	753	ANTONIO CLARA	45	M4549	31	M		GDCR ZAMBUJEIRA/	01:23:01	01:22:33
150	695	PAULO PEREIRA	40	M4044	35	M		AÇOREANA	01:23:02	01:22:49
151	1087	ANTONIO CRUZ	34	M2034	30	M		CF OS BELENENSES	01:23:02	01:23:02
152	794	ANASTACIO VALADAS	54	M5054	11	M		GD SANTANDER	01:23:03	01:22:41
153	454	JOSE AZEVEDO	26	M2034	31	M		GDU CAXIENSES	01:23:05	01:22:24
154	1083	ALBINO NEIVA	62	M6064	2	M		GD AMARO	01:23:10	01:23:10
155	147	LEONEL NEVES	54	M5054	12	M		A VALE SILENCIO	01:23:11	01:23:05
156	514	JOAO CANAS	32	M2034	32	M		ARSC TOLEDO	01:23:16	01:22:30
157	1001	CELSO GOUVEIA	40	M4044	36	M		GD IGREJA NOVA	01:23:20	01:23:11
158	1229	PEDRO MARTINS	38	M3539	41	M		INDIVIDUAL	01:23:28	01:23:21
159	1157	RODRIGO SILVA	40	M4044	37	M		INDIVIDUAL	01:23:29	01:23:23
160	539	SERGIO SANTOS	43	M4044	38	M		CCDT AUT ALMADA	01:23:33	01:23:09
161	689	LUIS PREGO	50	M5054	13	M		AÇOREANA	01:23:34	01:23:12
162	872	JOSE RAMALHO	40	M4044	39	M		SFUAP	01:23:38	01:23:38

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163	784	ANTONIO LEMOS	49	M4549	32	M		CCD O ALVITEJO	01:23:41	01:23:38
164	279	JOSE PAIS	43	M4044	40	M		CP CASTANHEIRA	01:23:43	01:23:32
165	890	JOAQUIM ALEXANDRE	41	M4044	41	M		GALAPA SA	01:23:44	01:23:31
166	535	JULIO ALVES	57	M5559	4	M		CCDT AUT ALMADA	01:23:47	01:23:19
167	895	MARGARIDA DIONISIO	20	F2034	1	F		LINDA A PASTORA	01:23:47	01:23:41
168	899	FILIPPE SANTOS	51	M5054	14	M		LINDA A PASTORA	01:23:47	01:22:34
169	906	PAULO LOPES	39	M3539	42	M		CP LIBERTY	01:23:47	01:23:47
170	1379	PAULO ALMEIDA	43	M4044	42	M		INDIVIDUAL	01:23:48	01:23:35
171	664	FRANCISCO SANTOS	49	M4549	33	M		BPN	01:23:50	01:23:36
172	299	PAULO CARMO	32	M2034	33	M		#1	01:23:51	01:23:49
173	1144	FRANCISCO FERNANDES	64	M6064	3	M		INDIVIDUAL	01:24:00	01:23:54
174	518	JOAO BENTO	39	M3539	43	M		ARSC TOLEDO	01:24:05	01:23:24
175	143	DANIEL PINTO	23	M2034	34	M		A VALE SILENCIO	01:24:08	01:23:57
176	663	EDUARDO ALMEIDA	60	M6064	4	M		BPN	01:24:10	01:24:10
177	269	PAULO CORREIA	42	M4044	43	M		OS SANTARENOS	01:24:13	01:23:57
178	524	ORLANDO CORREIA	36	M3539	44	M		SL CAMPOLIDE	01:24:15	01:23:48
179	785	JOAQUIM MARTINS	47	M4549	34	M		CCD O ALVITEJO	01:24:16	01:24:09
180	1009	LUIS ROSARIO	40	M4044	44	M		GINASIO TRAPEZIUS	01:24:19	01:24:11
181	278	CARLOS RAPOSO	47	M4549	35	M		CP CASTANHEIRA	01:24:22	01:24:09
182	576	JOSE MAIO	44	M4044	45	M		AC PORTO SALVO	01:24:23	01:24:23
183	887	EDGAR FRANCISCO	42	M4044	46	M		GALAPA SA	01:24:25	01:24:14
184	1282	JOAO M LOURENÇO	41	M4044	47	M		INDIVIDUAL	01:24:27	01:24:08
185	800	ANTONIO CRUZ	60	M6064	5	M		GD SANTANDER	01:24:30	01:24:30
186	534	JOAQUIM ANTUNES	51	M5054	15	M		CCDT AUT ALMADA	01:24:31	01:24:31
187	975	JOAQUIM ROSA	45	M4549	36	M		NA ALCABIDECHE	01:24:31	01:24:31
188	1331	GUILHERME HORA	33	M2034	35	M		INDIVIDUAL	01:24:35	01:23:51
189	803	MARCO MALAGUERRA	37	M3539	45	M		CLUBE BANIF	01:24:42	01:24:24
190	881	FRANCISCO OLIVEIRA	35	M3539	46	M		BV MONTEMOR	01:24:43	01:24:23
191	200	ANTONIO PEREIRA	61	M6064	6	M		GD AMARO	01:24:46	01:24:46
192	523	PEDRO MADEIRA	35	M3539	47	M		SL CAMPOLIDE	01:24:46	01:24:15
193	1445	WILL GAMMELL	31	M2034	36	M		INDIVIDUAL	01:24:48	01:23:41
194	829	JOSE NOBRE	43	M4044	48	M		PRAZER CORRIDA	01:24:51	01:24:51
195	406	JOAO CAEIRO	60	M6064	7	M		CLAC PAREDE	01:24:52	01:24:27
196	729	ALCINDO ALMEIDA	49	M4549	37	M		GD MACEDO	01:24:55	01:24:40
197	405	HENRIQUE ADREGA	55	M5559	5	M		CLAC PAREDE	01:24:56	01:24:32
198	533	GRACIANO CAMPOS	52	M5054	16	M		CCDT AUT ALMADA	01:24:56	01:24:45
199	417	NUNO LOPES	35	M3539	48	M		O MUNDO CORRIDA	01:24:57	01:24:57
200	630	MARIO GOMES	57	M5559	6	M		JOVENS SERRA	01:25:00	01:24:37
201	47	JORGE PAULINO	51	M5054	17	M		CD MAFRA	01:25:02	01:24:57
202	541	CARLOS LOPES	33	M2034	37	M		GD BV ALVERCA	01:25:05	01:24:51
203	545	ANTONIO MARCAL	48	M4549	38	M		GD BV ALVERCA	01:25:06	01:24:49
204	914	JOAQUIM FIGUEIREDO	50	M5054	18	M		CP LIBERTY	01:25:12	01:25:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
205	775	NUNO CARRAÇA	20	M2034	38	M		URCA	01:25:23	01:25:23
206	331	JORGE DURAES	41	M4044	49	M		OS ZATOPEQUES	01:25:26	01:25:21
207	544	JOSE PAJINHA	47	M4549	39	M		GD BV ALVERCA	01:25:28	01:25:21
208	1309	MARK MONTEIRO	37	M3539	49	M		INDIVIDUAL	01:25:29	01:25:22
209	254	JOSE GOMES	52	M5054	19	M		GD INE	01:25:30	01:25:28
210	715	HERCULANO ARAUJO	43	M4044	50	M		AD REAL ACADEMIA	01:25:32	01:25:20
211	743	JOSE REIS	54	M5054	20	M		GD MACEDO	01:25:34	01:25:29
212	363	LUIS MONTEIRO	36	M3539	50	M		GDCT BES	01:25:36	01:25:21
213	622	LUIS SANTOS	49	M4549	40	M		GA FREG VIDAIS	01:25:42	01:25:42
214	615	MANUEL VAZ	48	M4549	41	M		CLUBE STRESS	01:25:45	01:25:40
215	705	AMERICO COSTA	53	M5054	21	M		CLUBE AUTOCOOPE	01:25:53	01:25:18
216	213	ETELVINO PEDRO	47	M4549	42	M		FC ALVARINHOS	01:25:55	01:25:51
217	827	ADILIO FERREIRA	43	M4044	51	M		MACHADA RUNNERS	01:25:56	01:25:45
218	409	ANTONIO BELO	63	M6064	8	M		CLAC PAREDE	01:25:58	01:25:35
219	100	M,ANUEL TAVARES	54	M5054	22	M		CCD SEGURANÇA	01:26:13	01:26:13
220	651	JOSE FREITAS	45	M4549	43	M		AA LEBRES SADO	01:26:14	01:26:03
221	665	FRANCISCO PEREIRA	34	M2034	39	M		BPN	01:26:16	01:25:51
222	834	DOMINGOS ARAUJO	50	M5054	23	M		PRAZER CORRIDA	01:26:16	01:25:30
223	764	CARLOS PRECISO	34	M2034	40	M		CAA BELEM	01:26:17	01:25:36
224	796	JOAO PEREIRA	42	M4044	52	M		GD SANTANDER	01:26:20	01:25:50
225	186	CARLOS VITORINO	34	M2034	41	M		MIRANTENSE FC	01:26:23	01:26:12
226	291	JOAQUIM OLIVEIRA	64	M6064	9	M		VALEJAS AC	01:26:28	01:26:10
227	682	CARLOS SOUTO	41	M4044	53	M		AÇOREANA	01:26:29	01:26:23
228	944	MARIO LOURENÇO	42	M4044	54	M		C PRAÇAS ARMADA	01:26:31	01:26:19
229	616	FERNANDO GIL	37	M3539	51	M		CLUBE STRESS	01:26:32	01:26:32
230	197	JORGE RODRIGUES	50	M5054	24	M		GD AMARO	01:26:33	01:26:11
231	948	MARCO MENDES	32	M2034	42	M		C PRAÇAS ARMADA	01:26:33	01:26:25
232	464	ANTONIO VILELA	38	M3539	52	M		GDU CAXIENSES	01:26:34	01:26:22
233	852	OCTAVIO LOPES	41	M4044	55	M		C MILLENNIUM BCP	01:26:34	01:26:11
234	384	ANTONIO MIRANDA	60	M6064	10	M		CA OBIDOS	01:26:37	01:25:48
235	739	JOAO ALVES	51	M5054	25	M		GD MACEDO	01:26:37	01:26:34
236	926	JOAO PASTOR	35	M3539	53	M		AA MAFRA	01:26:37	01:26:09
237	888	LUIS FERREIRA	40	M4044	56	M		GALAPA SA	01:26:39	01:26:24
238	1155	LEANDRO SANTOS	50	M5054	26	M		INDIVIDUAL	01:26:40	01:26:14
239	734	CARLA PINTO	36	F3539	2	F		GD MACEDO	01:26:41	01:26:33
240	1420	IVO SILVA	58	M5559	7	M		INDIVIDUAL	01:26:41	01:26:17
241	947	PAULO GONÇALVES	35	M3539	54	M		C PRAÇAS ARMADA	01:26:42	01:26:42
242	5	MANUEL FERREIRA	64	M6064	11	M		CCDP MUN CASCAIS	01:26:45	01:26:39
243	244	PEDRO TEIXEIRA	37	M3539	55	M		GAFE	01:26:47	01:26:27
244	403	JAIME SOUSA	46	M4549	44	M		CLAC PAREDE	01:26:47	01:26:22
245	855	ARLINDO DEUS	58	M5559	8	M		C MILLENNIUM BCP	01:26:49	01:26:25
246	1466	CARLOS PINTO	39	M3539	56	M		INDIVIDUAL	01:26:52	01:26:52

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
247	297	ANTONIO RIBEIRO	46	M4549	45	M		GAA VILA FRANCA	01:26:53	01:26:10
248	902	MIGUEL SILVA	49	M4549	46	M		LINDA A PASTORA	01:26:53	01:26:49
249	198	ANTONIO HORTA	50	M5054	27	M		GD AMARO	01:26:56	01:26:34
250	1048	RUI DUARTE	40	M4044	57	M		LESMAS	01:26:59	01:26:25
251	938	RUI FEIO	43	M4044	58	M		CF OS AVISENSES	01:27:03	01:26:38
252	1191	PAULO J GOMES	37	M3539	57	M		INDIVIDUAL	01:27:03	01:26:54
253	937	PAULO TOMAS	36	M3539	58	M		CF OS AVISENSES	01:27:04	01:26:41
254	885	FILIPPE BRANCO	38	M3539	59	M		GALAPA SA	01:27:06	01:26:51
255	1234	CARLOS PROENÇA	25	M2034	43	M		GD DIANA	01:27:08	01:26:56
256	462	JOSE FERNANDES	57	M5559	9	M		GDU CAXIENSES	01:27:09	01:26:50
257	1151	DANIEL VIVAS	42	M4044	59	M		INDIVIDUAL	01:27:10	01:26:59
258	982	JOSE MELO	46	M4549	47	M		NAZ ABOBODA	01:27:11	01:26:50
259	746	VERONICA CORREIA	31	F2034	2	F		GD MACEDO	01:27:12	01:26:57
260	752	JOAQUIM CALÇADA	43	M4044	60	M		GDCR ZAMBUJEIRA/	01:27:12	01:26:40
261	863	JOSE MARCELINO	48	M4549	48	M		C MILLENNIUM BCP	01:27:16	01:27:16
262	1462	DOMINGOS PENEDO	50	M5054	28	M		C BENFICA AGUALVA	01:27:20	01:26:33
263	45	DOUGLAS FRY	51	M5054	29	M		CD MAFRA	01:27:21	01:27:16
264	650	NUNO CARVALHO	35	M3539	60	M		AA LEBRES SADO	01:27:23	01:27:03
265	955	ODETE FIUZA	35	F3539	3	F		MARATONA CP	01:27:23	01:27:18
266	1284	AUGUSTO MOREIRA	43	M4044	61	M		INDIVIDUAL	01:27:23	01:27:19
267	756	LUCAS DELGADO	54	M5054	30	M		GDCR ZAMBUJEIRA/	01:27:24	01:26:59
268	1372	PEDRO FERREIRA	35	M3539	61	M		INDIVIDUAL	01:27:25	01:26:35
269	754	EURICO AGOSTINHO	47	M4549	49	M		GDCR ZAMBUJEIRA/	01:27:28	01:27:28
270	956	RICARDO MESTRE	36	M3539	62	M		CARRIS	01:27:28	01:27:23
271	1024	ANTONIO ADRO	39	M3539	63	M		CCDF EP LINHO	01:27:31	01:27:20
272	1043	ALBERTO VINAGRE	46	M4549	50	M		ID VIEIRENSE	01:27:31	01:27:16
273	458	JOSE NOVAIS	42	M4044	62	M		GDU CAXIENSES	01:27:35	01:27:23
274	1459	MANUEL ARAUJO	46	M4549	51	M		C BENFICA AGUALVA	01:27:35	01:27:35
275	575	PEDRO BUENO	39	M3539	64	M		AC PORTO SALVO	01:27:36	01:27:26
276	507	JOSE ALVES	58	M5559	10	M		SS CGD	01:27:37	01:27:27
277	813	JOSE SOUSA	47	M4549	52	M		CR CRUZ PAU	01:27:37	01:27:27
278	692	NUNO COELHO	39	M3539	65	M		AÇOREANA	01:27:42	01:27:23
279	953	JOSE FERREIRA	46	M4549	53	M		CCR MADORNA	01:27:43	01:27:43
280	1196	FERNANDO SILVA	41	M4044	63	M		INDIVIDUAL	01:27:44	01:27:27
281	677	ANDRE QUARENTA	37	M3539	66	M		AÇOREANA	01:27:46	01:27:32
282	678	ANTONIO JORGE	53	M5054	31	M		AÇOREANA	01:27:46	01:27:46
283	1008	JOSE OLIVEIRA	53	M5054	32	M		GINASIO TRAPEZIUS	01:27:47	01:27:38
284	568	RICARDO FELIX	28	M2034	44	M		CCD EFACEC LISBOA	01:27:50	01:27:42
285	443	FERNANDO MENDES	54	M5054	33	M		C OLIMPICO OEIRAS	01:27:52	01:27:43
286	221	DUARTE DIAS	20	M2034	45	M		BNB	01:27:56	01:27:42
287	1230	MANUEL OLIVEIRA	57	M5559	11	M		INDIVIDUAL	01:28:02	01:27:43
288	285	FERNANDO PAULA	48	M4549	54	M		LINDA A PASTORA	01:28:03	01:27:49

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
289	142	ANTONIO FERNANDES	51	M5054	34	M		A VALE SILENCIO	01:28:05	01:27:55
290	1283	PAULO BRUNO	35	M3539	67	M		INDIVIDUAL	01:28:05	01:27:41
291	37	OCTAVIO MORAIS	47	M4549	55	M		SMO PROGRESSO	01:28:07	01:28:07
292	272	FERNANDO ALVES	42	M4044	64	M		OS SANTARENOS	01:28:10	01:27:54
293	717	ANTONIO DIONISIO	42	M4044	65	M		AD REAL ACADEMIA	01:28:13	01:27:23
294	64	VITOR MANSO	45	M4549	56	M		GD COSTA BRAVA	01:28:14	01:27:44
295	63	JORGE BANDEIRA	45	M4549	57	M		GD COSTA BRAVA	01:28:15	01:27:41
296	181	JOAO NAZARE	40	M4044	66	M		MIRANTENSE FC	01:28:18	01:27:47
297	441	ARTUR MIRANDA	31	M2034	46	M		C OLIMPICO OEIRAS	01:28:18	01:27:54
298	718	MANUEL RODRIGUES	46	M4549	58	M		AD REAL ACADEMIA	01:28:18	01:28:14
299	1371	JOAO L RODRIGUES	41	M4044	67	M		INDIVIDUAL	01:28:19	01:27:32
300	1299	JOSE MIRANDA	47	M4549	59	M		INDIVIDUAL	01:28:20	01:28:07
301	662	CARLOS GOMES	57	M5559	12	M		BPN	01:28:23	01:28:23
302	1376	CARLOS RODRIGUES	43	M4044	68	M		INDIVIDUAL	01:28:23	01:28:11
303	323	VITOR RODRIGUES	51	M5054	35	M		NA PALACIO	01:28:24	01:28:02
304	262	JOSE FREIRE	52	M5054	36	M		GRDC LEIAO	01:28:26	01:28:21
305	466	JOAQUIM VARANDA	56	M5559	13	M		GDU CAXIENSES	01:28:26	01:28:08
306	707	ALVARO PINTO	50	M5054	37	M		AD REAL ACADEMIA	01:28:27	01:28:18
307	1360	JOSE COSTA	45	M4549	60	M		INDIVIDUAL	01:28:29	01:28:29
308	350	PAULO V PEREIRA	41	M4044	69	M		PLUMAS	01:28:30	01:27:55
309	935	JOSE C SOUSA	35	M3539	68	M		CF OS AVISENSES	01:28:31	01:28:22
310	763	JOSE GORDILHO	44	M4044	70	M		CAA BELEM	01:28:34	01:27:54
311	413	AUGUSTO GASPAR	46	M4549	61	M		GA MONSANTO	01:28:35	01:28:19
312	1088	JOAO MOACHO	50	M5054	38	M		GRD RIBEIRA LAGE	01:28:36	01:28:24
313	804	PAULO MORADIAS	43	M4044	71	M		CLUBE BANIF	01:28:37	01:28:29
314	57	RENATO SANTOS	33	M2034	47	M		LESMAS	01:28:40	01:28:14
315	949	CARLOS ALMEIDA	21	M2034	48	M		CCR MADORNA	01:28:41	01:28:41
316	580	CARLOS DUARTE	54	M5054	39	M		AC PORTO SALVO	01:28:42	01:28:32
317	942	POSSIDONIO CONSTANTINO	55	M5559	14	M		C PRAÇAS ARMADA	01:28:42	01:28:26
318	93	PAULO SANTOS	40	M4044	72	M		BUDELPACK	01:28:44	01:28:44
319	91	PAULO QUARESMA	52	M5054	40	M		BUDELPACK	01:28:45	01:28:45
320	564	DOMINGOS AGUIAR	42	M4044	73	M		SESIMBRA MAR	01:28:46	01:27:35
321	214	IVO FERREIRA	20	M2034	49	M		GRD OS FIXES	01:28:47	01:28:23
322	1498	ANTONIO REBELO	36	M3539	69	M		INDIVIDUAL	01:28:47	01:28:11
323	1171	CARLOS PORFIRIO	56	M5559	15	M		INDIVIDUAL	01:28:48	01:28:30
324	30	ANTONIO FERNANDES	44	M4044	74	M		GM MECANICA	01:28:49	01:28:21
325	288	CARLOS MONTEIRO	57	M5559	16	M		VALEJAS AC	01:28:49	01:27:58
326	132	ERNESTO GUIA	74	M6599	1	M		ACD BOCAL	01:28:51	01:28:48
327	1219	FERNANDO GIL	55	M5559	17	M		INDIVIDUAL	01:28:53	01:28:53
328	934	CLAUDIO GASPAR	38	M3539	70	M		CF OS AVISENSES	01:28:55	01:28:53
329	1046	MARIO CASSACA	35	M3539	71	M		GD IGREJA NOVA	01:28:57	01:28:25
330	838	FERNANDO RODRIGUES	43	M4044	75	M		C MILLENNIUM BCP	01:28:58	01:28:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
331	581	JOSE M SILVA	58	M5559	18	M		AC PORTO SALVO	01:29:05	01:28:45
332	726	NUNO DORES	25	M2034	50	M		POVOA ST ADRIAO	01:29:06	01:28:19
333	922	JOSE M COSTA	62	M6064	12	M		CP LIBERTY	01:29:13	01:29:06
334	159	JOAO CAMPOS	39	M3539	72	M		HOLMES PLACE	01:29:14	01:28:53
335	668	PAULO QUARESMA	52	M5054	41	M		BPN	01:29:14	01:29:01
336	315	PAULO SALGADO	41	M4044	76	M		FUNDISTAS	01:29:15	01:28:50
337	985	ARMINDO SANTOS	52	M5054	42	M		NAZ ABOBODA	01:29:16	01:29:04
338	25	MANUEL MEXIA	42	M4044	77	M		CLUBE TAP	01:29:17	01:28:01
339	696	PAULO TORRAO	36	M3539	73	M		AÇOREANA	01:29:22	01:29:02
340	673	LUCIA OLIVEIRA	28	F2034	3	F		AÇOREANA	01:29:23	01:29:10
341	646	AMANDIO LOBO	59	M5559	19	M		AA LEBRES SADO	01:29:25	01:29:11
342	284	JOAO SANTOS	58	M5559	20	M		LINDA A PASTORA	01:29:27	01:29:27
343	816	JOAO LOURENÇO	43	M4044	78	M		CR CRUZ PAU	01:29:29	01:29:05
344	360	JORGE PEREIRA	53	M5054	43	M		GDCT BES	01:29:32	01:29:32
345	776	LUIS CARRAÇA	19	M0019	1	M		URCA	01:29:33	01:29:24
346	138	FERNANDO CAEIRO	35	M3539	74	M		CCD CASA PIA	01:29:35	01:29:12
347	685	JOAO SERRA	41	M4044	79	M		AÇOREANA	01:29:35	01:29:31
348	33	DAVID FREITAS	40	M4044	80	M		SEMPRE FAVORITOS	01:29:39	01:29:01
349	1081	MEYZYNSKI	37	M3539	75	M		JC LISBON	01:29:39	01:29:22
350	387	MARINHO BRANDAO	48	M4549	62	M		CA OBIDOS	01:29:40	01:28:38
351	1272	JOSE PEIXOTO	49	M4549	63	M		INDIVIDUAL	01:29:40	01:28:32
352	177	JOSE LEAL	31	M2034	51	M		MARINHAI AC	01:29:42	01:29:26
353	594	JOSE M OLIVEIRA	42	M4044	81	M		CLUBE STRESS	01:29:44	01:28:47
354	957	DANILTON FORTES	20	M2034	52	M		D MONTE REAL	01:29:46	01:29:39
355	349	FRANCISCO CARDOSO	56	M5559	21	M		PLUMAS	01:29:47	01:29:12
356	1070	LUIS PAULO	41	M4044	82	M		BAHIA	01:29:53	01:29:53
357	674	RUTE SOUSA	37	F3539	4	F		AÇOREANA	01:29:56	01:29:56
358	322	SILVINO MARTINS	58	M5559	22	M		NA PALACIO	01:29:57	01:29:57
359	698	VIRGILIO MADEIRA	48	M4549	64	M		AÇOREANA	01:29:58	01:29:41
360	770	VICTOR HIPOLITO	39	M3539	76	M		REST CANTINHO	01:30:11	01:30:00
361	864	PAULO MATEUS	41	M4044	83	M		C MILLENNIUM BCP	01:30:11	01:30:03
362	951	FRANCISCO GAROTO	37	M3539	77	M		CCR MADORNA	01:30:16	01:29:49
363	267	PEDRO CARVALHO	43	M4044	84	M		OS SANTARENOS	01:30:20	01:30:06
364	260	PAULO TRINDADE	32	M2034	53	M		VET CARNAXIDE	01:30:22	01:30:22
365	1021	ANTONIO MARTINS	46	M4549	65	M		CCDF EP LINHO	01:30:22	01:29:54
366	1461	AUGUSTO FERNANDES	43	M4044	85	M		C BENFICA AGUALVA	01:30:25	01:30:25
367	546	JOSE NETO	50	M5054	44	M		GD BV ALVERCA	01:30:27	01:30:12
368	1302	JOAQUIM FERREIRA	54	M5054	45	M		INDIVIDUAL	01:30:27	01:30:24
369	1365	PAULO PIRES	39	M3539	78	M		INDIVIDUAL	01:30:29	01:30:29
370	421	RICARDO DIEZ	35	M3539	79	M		O MUNDO CORRIDA	01:30:30	01:29:40
371	648	FERNANDO CARVALHO	58	M5559	23	M		AA LEBRES SADO	01:30:34	01:30:20
372	971	MANUEL VERISSIMO	40	M4044	86	M		NA ALCABIDECHE	01:30:35	01:29:46

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
373	1005	PAULO HENRIQUES	39	M3539	80	M			GAA VILA FRANCA	01:30:42	01:29:46
374	626	CARLOS CLARO	53	M5054	46	M			JOVENS SERRA	01:30:45	01:30:21
375	939	JOSE GONÇALVES	45	M4549	66	M			CF OS AVISENSES	01:30:45	01:30:38
376	330	ELISIO COSTA	51	M5054	47	M			OS ZATOPEQUES	01:30:46	01:30:17
377	755	VALENTIM FERNANDES	49	M4549	67	M			GDCR ZAMBUJEIRA/	01:30:46	01:30:13
378	835	GERMANO BERNARDO	52	M5054	48	M			PRAZER CORRIDA	01:30:46	01:30:32
379	943	JOAO SANTOS	43	M4044	87	M			C PRAÇAS ARMADA	01:30:49	01:30:43
380	989	CARLOS DUARTE	57	M5559	24	M			NAZ ABOBODA	01:30:49	01:30:17
381	135	DAVID SANTOS	45	M4549	68	M			UDCA	01:30:51	01:30:51
382	1338	CARLOS MENDES	51	M5054	49	M			INDIVIDUAL	01:30:51	01:30:39
383	1042	NELL BULTOCH	38	M3539	81	M			O MUNDO CORRIDA	01:30:53	01:30:24
384	520	CARLOS ALEGRE	46	M4549	69	M			ARSC TOLEDO	01:30:55	01:30:13
385	808	CARLOS CANDEIAS	40	M4044	88	M			CLUBE BANIF	01:30:56	01:30:39
386	1126	JOAQUIM VIANA	44	M4044	89	M			INDIVIDUAL	01:30:57	01:30:26
387	119	HENRIQUE ROMAO	52	M5054	50	M			AMIGOS ALCATRAO	01:31:00	01:30:35
388	365	SILVIO PAIVA	56	M5559	25	M			GDCT BES	01:31:06	01:31:06
389	516	FRANCISCO PEDRO	37	M3539	82	M			ARSC TOLEDO	01:31:06	01:31:06
390	531	ANTONIO SILVA	37	M3539	83	M			CCDT AUT ALMADA	01:31:07	01:30:23
391	672	DANIELA SOUTO	36	F3539	5	F			AÇOREANA	01:31:10	01:30:28
392	362	JULIO FERREIRA	53	M5054	51	M			GDCT BES	01:31:12	01:31:12
393	846	ARTUR SILVA	34	M2034	54	M			C MILLENNIUM BCP	01:31:17	01:30:46
394	70	RAMIRO INACIO	56	M5559	26	M			C BENFICA	01:31:18	01:31:11
395	77	JOAO PALMA	47	M4549	70	M			AAE BNU	01:31:22	01:30:57
396	976	MARIO MILHEIRO	46	M4549	71	M			NA ALCABIDECHE	01:31:29	01:31:25
397	43	AMERICO CARVALHO	34	M2034	55	M			CD GRAÇA	01:31:31	01:30:55
398	352	ALEXANDRINO AIRES	53	M5054	52	M			PLUMAS	01:31:31	01:31:31
399	295	MANUEL BATISTA	42	M4044	90	M			GAA VILA FRANCA	01:31:32	01:31:32
400	566	MANUEL FIDALGO	55	M5559	27	M			CCD EFACEC LISBOA	01:31:34	01:31:21
401	525	JOSE CARLOS	36	M3539	84	M			SL CAMPOLIDE	01:31:38	01:31:04
402	997	BEN MONCEF	48	M4549	72	M			CLUBE OGMA	01:31:44	01:31:08
403	1142	RUI P SILVA	31	M2034	56	M			INDIVIDUAL	01:31:44	01:31:44
404	1131	ALEXANDRE LEAL	31	M2034	57	M			INDIVIDUAL	01:31:48	01:30:49
405	1116	MIGUEL MARQUES	47	M4549	73	M			INDIVIDUAL	01:31:49	01:31:49
406	134	ANDRE WIBORG	49	M4549	74	M			VFF 1896	01:31:51	01:31:43
407	952	CARLOS LOPES	44	M4044	91	M			CCR MADORNA	01:31:52	01:31:28
408	711	CARLOS NEVES	55	M5559	28	M			AD REAL ACADEMIA	01:31:54	01:31:46
409	697	TAM AFONSO	55	M5559	29	M			AÇOREANA	01:31:56	01:31:56
410	661	ANTONIO ORLANDO	31	M2034	58	M			BPN	01:31:59	01:31:45
411	925	RUI PASTOR	35	M3539	85	M			AA MAFRA	01:31:59	01:30:54
412	1052	CARLOS SANTOS	56	M5559	30	M			C FERROV	01:32:00	01:31:30
413	1375	RUI CABRAL	30	M2034	59	M			INDIVIDUAL	01:32:00	01:31:48
414	270	JORGE FONSECA	45	M4549	75	M			OS SANTARENOS	01:32:02	01:31:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
415	679	ANTONIO NETO	36	M3539	86	M		AÇOREANA	01:32:03	01:31:45
416	741	JOAQUIM MACEDO	53	M5054	53	M		GD MACEDO	01:32:05	01:32:05
417	1242	LUIS CONCEIÇÃO	47	M4549	76	M		INDIVIDUAL	01:32:08	01:31:12
418	1474	JOSE TEODOSIO	38	M3539	87	M		INDIVIDUAL	01:32:08	01:32:08
419	875	PEDRO CUNHA	35	M3539	88	M		SFUAP	01:32:10	01:31:35
420	799	FERNANDO CARDOSO	59	M5559	31	M		GD SANTANDER	01:32:13	01:31:49
421	716	JOSE RECTO	41	M4044	92	M		AD REAL ACADEMIA	01:32:14	01:31:51
422	701	JUVENAL MOREIRA	43	M4044	93	M		CLUBE AUTOCOOPE	01:32:17	01:31:41
423	702	ANTONIO ALMEIDA	44	M4044	94	M		CLUBE AUTOCOOPE	01:32:17	01:31:45
424	627	MANUEL PINTO	54	M5054	54	M		JOVENS SERRA	01:32:20	01:32:02
425	1353	JOSE HILARIO	48	M4549	77	M		INDIVIDUAL	01:32:21	01:31:36
426	1388	LUIS ROCHA	30	M2034	60	M		INDIVIDUAL	01:32:24	01:31:36
427	877	MANUEL JACINTO	52	M5054	55	M		UCRD PRAIENSE	01:32:27	01:31:40
428	1460	JANUARIO COELHO	55	M5559	32	M		C BENFICA AGUALVA	01:32:31	01:31:50
429	878	MANUEL CARDIM	56	M5559	33	M		UCRD PRAIENSE	01:32:32	01:31:44
430	1170	JORGE DAVID	40	M4044	95	M		INDIVIDUAL	01:32:33	01:32:18
431	845	PAULO PAIS	42	M4044	96	M		C MILLENNIUM BCP	01:32:36	01:31:56
432	1443	SERGIO VIEGAS	32	M2034	61	M		INDIVIDUAL	01:32:39	01:32:26
433	1045	MAURO PIMENTA	31	M2034	62	M		GAA VILA FRANCA	01:32:41	01:32:01
434	1314	ANTONIO OLIVEIRA	49	M4549	78	M		INDIVIDUAL	01:32:42	01:32:13
435	521	JOSE MARIA	53	M5054	56	M		ARSC TOLEDO	01:32:44	01:31:32
436	463	ALCINO RAMOS	50	M5054	57	M		GDU CAXIENSES	01:32:48	01:32:40
437	844	EDUARDO FERREIRA	32	M2034	63	M		C MILLENNIUM BCP	01:32:51	01:32:29
438	1410	SANDRA CAMPOS	33	F2034	4	F		INDIVIDUAL	01:32:54	01:32:19
439	1173	LEONEL SANTOS	53	M5054	58	M		INDIVIDUAL	01:32:56	01:32:56
440	104	NUNO CABEÇA	38	M3539	89	M		CCD SEGURANÇA	01:32:58	01:32:35
441	577	JOAQUIM ROSA	50	M5054	59	M		AC PORTO SALVO	01:32:59	01:32:50
442	1224	TIAGO COSTA	33	M2034	64	M		INDIVIDUAL	01:33:01	01:32:52
443	27	BERNARDINO ANTUNES	46	M4549	79	M		LINDA A PASTORA	01:33:02	01:32:43
444	536	JOSE CABRAL	50	M5054	60	M		CCDT AUT ALMADA	01:33:02	01:32:13
445	1301	JORGE PEREIRA	44	M4044	97	M		INDIVIDUAL	01:33:02	01:33:01
446	688	LUIS MELO	50	M5054	61	M		AÇOREANA	01:33:03	01:32:55
447	1084	JOAQUIM COSTA	57	M5559	34	M		GD AMARO	01:33:04	01:32:56
448	1027	JOAO COSTA	59	M5559	35	M		CCDF EP LINHO	01:33:05	01:32:32
449	923	LEONEL CARVALHOSA	57	M5559	36	M		CP LIBERTY	01:33:08	01:32:49
450	1032	ALICE MACHADO	50	F4599	1	F		CCDF EP LINHO	01:33:09	01:33:05
451	801	REINALDO FIGUEIRA	56	M5559	37	M		GD SANTANDER	01:33:10	01:33:06
452	791	JOSE GONÇALVES	57	M5559	38	M		GD SANTANDER	01:33:11	01:33:07
453	522	RICARDO MADEIRA	33	M2034	65	M		SL CAMPOLIDE	01:33:13	01:32:42
454	1274	JOAO CAPINHA	55	M5559	39	M		INDIVIDUAL	01:33:16	01:32:33
455	489	PAULO ALFAR	42	M4044	98	M		CCDT	01:33:17	01:33:05
456	699	JOAO CAIRES	40	M4044	99	M		CLUBE AUTOCOOPE	01:33:20	01:32:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
457	676	ANDRE CUNHA	39	M3539	90	M		AÇOREANA	01:33:23	01:33:16
458	1198	PAULO VALADA	42	M4044	100	M		INDIVIDUAL	01:33:26	01:32:49
459	103	PEDRO OLIVEIRA	32	M2034	66	M		CCD SEGURANÇA	01:33:27	01:33:07
460	334	JOSE MORAIS	46	M4549	80	M		OS ZATOPEQUES	01:33:28	01:33:15
461	442	CARLOS LOURENÇO	46	M4549	81	M		C OLIMPICO OEIRAS	01:33:29	01:32:16
462	268	PEDRO MARTINEZ	49	M4549	82	M		OS SANTARENOS	01:33:36	01:33:36
463	547	JOSE VALENTIM	54	M5054	62	M		GD BV ALVERCA	01:33:37	01:33:18
464	708	ANTONIO ANGELINO	39	M3539	91	M		AD REAL ACADEMIA	01:33:40	01:33:22
465	1175	MANUEL FERREIRA	48	M4549	83	M		INDIVIDUAL	01:33:44	01:32:35
466	1442	LUIS VIEGAS	34	M2034	67	M		INDIVIDUAL	01:33:45	01:33:32
467	1136	CARLOS FERREIRA	52	M5054	63	M		INDIVIDUAL	01:33:47	01:33:35
468	832	VIRGILIO OLIVEIRA	47	M4549	84	M		PRAZER CORRIDA	01:33:48	01:32:38
469	332	JORGE LEITAO	43	M4044	101	M		OS ZATOPEQUES	01:33:52	01:33:38
470	199	JOSE GALAMBAS	57	M5559	40	M		GD AMARO	01:33:55	01:33:34
471	1209	JOSE FAUSTINO	54	M5054	64	M		INDIVIDUAL	01:33:56	01:33:51
472	128	ANTONIO SILVA	33	M2034	68	M		VAMOSSIMBORA	01:33:57	01:33:28
473	671	CEU LEITAO	41	F4044	1	F		AÇOREANA	01:33:59	01:33:42
474	346	ANTONIO MATEUS	65	M6599	2	M		OS ZATOPEQUES	01:34:02	01:33:39
475	479	ADRIANO VITORINO	46	M4549	85	M		CA PATAMEIRAS	01:34:07	01:34:07
476	1106	RAUL SANTOS	50	M5054	65	M		INDIVIDUAL	01:34:07	01:33:55
477	158	TELMO CARRILHO	32	M2034	69	M		HOLMES PLACE	01:34:08	01:33:46
478	624	DAVID CASCALHEIRA	53	M5054	66	M		GA FREG VIDAIS	01:34:15	01:33:43
479	928	HELENA MARTINS	46	F4599	2	F		AA MAFRA	01:34:18	01:34:13
480	1062	RAQUEL PEDRO	22	M2034	70	M		SR CAMARNAL	01:34:18	01:34:14
481	1165	AMERICO COELHO	52	M5054	67	M		INDIVIDUAL	01:34:19	01:34:09
482	88	NUNO SOUSA	34	M2034	71	M		GDCT IN CASA	01:34:20	01:34:02
483	185	PAULO MARTINS	40	M4044	102	M		MIRANTENSE FC	01:34:20	01:33:52
484	473	POMPEU AIRES	41	M4044	103	M		GDU CAXIENSES	01:34:20	01:33:28
485	933	ORLANDO DUARTE	50	M5054	68	M		AFIS OVAR	01:34:20	01:34:05
486	1093	PAULO LOURO	39	M3539	92	M		AA MOITA	01:34:22	01:34:04
487	959	RUI RODRIGUES	25	M2034	72	M		D MONTE REAL	01:34:26	01:34:19
488	1237	MIGUEL BOTTO	39	M3539	93	M		INDIVIDUAL	01:34:32	01:33:29
489	1438	RAUL ROCHA	40	M4044	104	M		INDIVIDUAL	01:34:34	01:34:18
490	26	PAULO V SANTOS	39	M3539	94	M		OS ESGALHAS	01:34:35	01:34:05
491	28	JOAQUIM ARAUJO	63	M6064	13	M		AA PEGO LONGO	01:34:36	01:34:33
492	1133	ARLINDO BRAS	44	M4044	105	M		INDIVIDUAL	01:34:37	01:34:34
493	1470	RUI LIMA	33	M2034	73	M		INDIVIDUAL	01:34:39	01:33:35
494	509	JOSE GUIA	59	M5559	41	M		SS CGD	01:34:40	01:33:48
495	690	LUIS SOUSA	42	M4044	106	M		AÇOREANA	01:34:42	01:34:35
496	694	OSCAR GONÇALVES	56	M5559	42	M		AÇOREANA	01:34:42	01:34:31
497	172	DINIS MOURA	55	M5559	43	M		CD ASAS	01:34:44	01:34:41
498	1476	MANUEL ALMEIDA	42	M4044	107	M		INDIVIDUAL	01:34:44	01:34:10

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
499	727	PEDRO ALVES	22	M2034	74	M			POVOA ST ADRIAO	01:34:50	01:33:59
500	232	HUGO GONÇALVES	20	M2034	75	M			AA GRANDOLA	01:34:51	01:32:57
501	176	LUIS NEVES	29	M2034	76	M			MARINHAI AC	01:34:53	01:34:38
502	911	JOSE VALERIO	61	M6064	14	M			CP LIBERTY	01:34:56	01:34:43
503	918	ALVARO COELHO	50	M5054	69	M			CP LIBERTY	01:34:57	01:34:25
504	994	FLORIVAL ANDRADE	58	M5559	44	M			O FORNO CIDADE	01:35:00	01:34:24
505	465	ANTONIO GONÇALVES	55	M5559	45	M			GDU CAXIENSES	01:35:07	01:34:24
506	50	JOSE NUNES	51	M5054	70	M			CCD SRS LISBOA	01:35:12	01:34:36
507	502	ANTONIO FERREIRA	53	M5054	71	M			SS CGD	01:35:12	01:34:36
508	1127	ANTONIO COUTINHO	52	M5054	72	M			INDIVIDUAL	01:35:17	01:34:54
509	256	VITOR SIMOES	47	M4549	86	M			VET CARNAXIDE	01:35:19	01:34:55
510	153	NUNO CLEMENTE	41	M4044	108	M			CLUBE STRESS	01:35:20	01:34:15
511	1096	IDALECIO BARROS	55	M5559	46	M			INDIVIDUAL	01:35:21	01:35:06
512	1418	HUGO MARTINS	28	M2034	77	M			INDIVIDUAL	01:35:21	01:34:56
513	781	ANIBAL GASPAR	38	M3539	95	M			CCD O ALVITEJO	01:35:22	01:35:09
514	1247	JOAO LOURENÇO	40	M4044	109	M			INDIVIDUAL	01:35:22	01:34:42
515	512	ANTONIO CARPINTEIRO	63	M6064	15	M			SS CGD	01:35:23	01:34:48
516	824	MANUEL PEREIRA	60	M6064	16	M			GD OS ASES	01:35:23	01:34:41
517	526	MANUEL FONSECA	44	M4044	110	M			SL CAMPOLIDE	01:35:25	01:35:17
518	941	ANTONIO VEIGA	70	M6599	3	M			CF OS AVISENSES	01:35:25	01:35:25
519	1336	PETER FAY	45	M4549	87	M			INDIVIDUAL	01:35:27	01:35:27
520	1110	FERNANDO TAVARES	54	M5054	73	M			INDIVIDUAL	01:35:28	01:35:01
521	1246	CANDIDO MAIA	40	M4044	111	M			INDIVIDUAL	01:35:28	01:34:50
522	126	ARTUR BEJA	39	M3539	96	M			VAMOSSIMBORA	01:35:31	01:34:58
523	1101	FILIPPE CARVALHEIRO	44	M4044	112	M			INDIVIDUAL	01:35:31	01:34:37
524	54	ARMANDO CORREIA	56	M5559	47	M			LESMAS	01:35:33	01:35:06
525	684	FRANCISCO PEREIRA	40	M4044	113	M			AÇOREANA	01:35:33	01:35:17
526	1174	JOAO SILVA	46	M4549	88	M			INDIVIDUAL	01:35:36	01:35:29
527	1406	FRANCISCO HENRIQUES	30	M2034	78	M			INDIVIDUAL	01:35:36	01:35:13
528	968	JOSE MAN	66	M6599	4	M			D MONTE REAL	01:35:40	01:35:36
529	90	MANUEL AZEVEDO	50	M5054	74	M			BUDELPACK	01:35:41	01:35:41
530	480	ALBINO TOMAS	51	M5054	75	M			CA PATAMEIRAS	01:35:47	01:34:35
531	271	NUNO MENDAO	34	M2034	79	M			OS SANTARENOS	01:35:48	01:35:34
532	1346	JOSE CARREIRO	33	M2034	80	M			INDIVIDUAL	01:35:50	01:35:31
533	444	ARNALDO JUNIOR	38	M3539	97	M			PEDRA AMARELA	01:35:54	01:34:36
534	840	VITOR GOMES	38	M3539	98	M			C MILLENNIUM BCP	01:35:54	01:35:38
535	797	JOSE PEREIRA	38	M3539	99	M			GD SANTANDER	01:35:56	01:35:48
536	889	HENRIQUE FERREIRA	36	M3539	100	M			GALAPA SA	01:35:59	01:35:36
537	468	JOSE PINTO	54	M5054	76	M			GDU CAXIENSES	01:36:04	01:35:47
538	1329	VITOR GONÇALVES	38	M3539	101	M			INDIVIDUAL	01:36:06	01:35:33
539	249	JOSE VALERIO	62	M6064	17	M			GRUPO S	01:36:08	01:36:02
540	255	LEONTINA OLIVEIRA	40	F4044	2	F			GD INE	01:36:08	01:35:41

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
541	1405	MIGUEL LOPES	33	M2034	81	M		INDIVIDUAL	01:36:10	01:35:47
542	467	JOSE OLIVEIRA	42	M4044	114	M		GDU CAXIENSES	01:36:13	01:35:58
543	876	PAULO COSTA	41	M4044	115	M		SFUAP	01:36:13	01:35:35
544	920	HENRIQUE RODRIGUES	40	M4044	116	M		CP LIBERTY	01:36:13	01:36:00
545	22	JOAQUIM NAZARIO	66	M6599	5	M		GDCT REPSOL	01:36:23	01:35:59
546	243	CARLOS FERREIRA	46	M4549	89	M		GAFE	01:36:23	01:36:03
547	647	MANUEL BATISTA	58	M5559	48	M		AA LEBRES SADO	01:36:24	01:36:24
548	644	MANUEL PEDRO	62	M6064	18	M		AA LEBRES SADO	01:36:25	01:35:36
549	836	ALVARO PORTUGAL	55	M5559	49	M		PRAZER CORRIDA	01:36:26	01:36:26
550	1182	JOSE RODRIGUES	48	M4549	90	M		INDIVIDUAL	01:36:27	01:35:53
551	1340	FERNANDO SOUSA	41	M4044	117	M		INDIVIDUAL	01:36:31	01:35:51
552	1105	MARGARIDA GODINHO	49	F4599	3	F		INDIVIDUAL	01:36:32	01:36:15
553	1232	FRANCISCO PEREIRA	38	M3539	102	M		INDIVIDUAL	01:36:32	01:35:33
554	586	PEDRO FARIA	31	M2034	82	M		CLUBE STRESS	01:36:33	01:35:25
555	371	PAULO ALMEIDA	40	M4044	118	M		GD BANCO BPI	01:36:35	01:35:44
556	907	JOAO CRUZ	45	M4549	91	M		CP LIBERTY	01:36:36	01:36:36
557	972	ABEL SIMOES	55	M5559	50	M		NA ALCABIDECHE	01:36:36	01:35:48
558	1203	JOSE BELCHIOR	56	M5559	51	M		INDIVIDUAL	01:36:36	01:36:20
559	1100	JOSE MOREIRA	32	M2034	83	M		C BENFICA AGUALVA	01:36:42	01:36:42
560	469	JOSE CARDOSO	51	M5054	77	M		GDU CAXIENSES	01:36:43	01:36:43
561	1342	JOSE M MIRA	40	M4044	119	M		INDIVIDUAL	01:36:44	01:36:44
562	641	VITORINO SANTOS	52	M5054	78	M		AA LEBRES SADO	01:36:45	01:36:30
563	945	JOSE INFANTE	40	M4044	120	M		C PRAÇAS ARMADA	01:36:45	01:36:36
564	1015	PAULO BARREIRA	34	M2034	84	M		GRDC LEIAO	01:36:45	01:35:43
565	230	LUIS MIGUEL	33	M2034	85	M		AA GRANDOLA	01:36:47	01:36:14
566	1286	MARIO SANTOS	23	M2034	86	M		INDIVIDUAL	01:36:47	01:36:20
567	1453	ALEXANDRE MONTEIRO	33	M2034	87	M		INDIVIDUAL	01:36:47	01:36:47
568	1463	DANIEL FERNANDES	20	M2034	88	M		C BENFICA AGUALVA	01:36:47	01:36:47
569	932	SEVERINO CRUZ	45	M4549	92	M		AFIS OVAR	01:36:50	01:36:33
570	891	FERNANDO RODRIGUES	41	M4044	121	M		GALAPA SA	01:36:52	01:35:36
571	1089	MICHEL ABERY	56	M5559	52	M		INDIVIDUAL	01:36:54	01:36:40
572	793	MANUEL ROBALO	62	M6064	19	M		GD SANTANDER	01:36:56	01:36:31
573	894	RAFAEL FREITAS	24	M2034	89	M		GALAPA SA	01:36:58	01:36:12
574	506	RODRIGO MELO	26	M2034	90	M		SS CGD	01:37:00	01:37:00
575	97	NICACIO FERREIRA	39	M3539	103	M		CORRIDA BOHEMIA	01:37:01	01:36:07
576	1396	RICARDO DUQUE	24	M2034	91	M		INDIVIDUAL	01:37:01	01:36:19
577	99	NARCISO MARNOTO	44	M4044	122	M		CORRIDA BOHEMIA	01:37:02	01:36:07
578	578	LUIS VIDOIEIRA	50	M5054	79	M		AC PORTO SALVO	01:37:03	01:36:19
579	495	ANTONIO PRIMOR	65	M6599	6	M		SC MOITENSE	01:37:06	01:36:58
580	1393	TIAGO CASTRO	35	M3539	104	M		INDIVIDUAL	01:37:06	01:36:37
581	300	LUIS GALAMBA	41	M4044	123	M		#1	01:37:10	01:37:10
582	358	CARLOS NABIÇA	44	M4044	124	M		GDCT BES	01:37:10	01:36:37

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
583	723	JOAO ALVES	47	M4549	93	M		GA OS PATRICIOS	01:37:11	01:36:24
584	977	PAULO MAFRA	49	M4549	94	M		NAZ ABOBODA	01:37:16	01:37:14
585	1277	RUI ABRANTES	40	M4044	125	M		INDIVIDUAL	01:37:16	01:36:25
586	1292	ANTONIO ALMEIDA	45	M4549	95	M		INDIVIDUAL	01:37:19	01:36:18
587	1316	JOAO CONSTANTINO	29	M2034	92	M		INDIVIDUAL	01:37:20	01:36:52
588	826	FERNANDO GERALDES	60	M6064	20	M		GD OS ASES	01:37:21	01:37:16
589	217	AMERICO POMBO	43	M4044	126	M		GRD OS FIXES	01:37:22	01:37:06
590	954	FERNANDO PALHAS	48	M4549	96	M		CCR MADORNA	01:37:23	01:37:15
591	16	FERNANDO LOURENÇO	39	M3539	105	M		PHONRLINK	01:37:26	01:36:59
592	585	RUI RAMALHAL	40	M4044	127	M		CLUBE STRESS	01:37:26	01:36:27
593	1394	VICTOR ROIOS	39	M3539	106	M		INDIVIDUAL	01:37:26	01:37:00
594	1368	FILIPE DUARTE	28	M2034	93	M		INDIVIDUAL	01:37:27	01:37:27
595	642	ARTUR GONÇALVES	32	M2034	94	M		AA LEBRES SADO	01:37:28	01:36:36
596	807	JOAO SANTOS	38	M3539	107	M		CLUBE BANIF	01:37:28	01:36:58
597	996	RICARDO NABAIS	38	M3539	108	M		CLUBE OGMA	01:37:28	01:36:35
598	1109	RICARDO PEREIRA	30	M2034	95	M		INDIVIDUAL	01:37:29	01:37:07
599	1402	JOSE SANANO	50	M5054	80	M		INDIVIDUAL	01:37:29	01:36:17
600	610	A ARONS CARVALHO	58	M5559	53	M		CLUBE STRESS	01:37:31	01:36:34
601	1211	FERNANDO ANACLETO	56	M5559	54	M		INDIVIDUAL	01:37:31	01:37:31
602	1469	TIAGO JESUS	33	M2034	96	M		INDIVIDUAL	01:37:31	01:36:57
603	940	MANUEL SARAIVA	45	M4549	97	M		CF OS AVISENSES	01:37:32	01:36:51
604	115	ANN DIERCKX	46	M4549	98	M		QUINTA D'ANN	01:37:33	01:37:21
605	1181	GERMANO MATOS	59	M5559	55	M		INDIVIDUAL	01:37:36	01:37:36
606	1202	VITOR MARTINS	57	M5559	56	M		INDIVIDUAL	01:37:41	01:37:29
607	1115	LUIS DIAS	63	M6064	21	M		INDIVIDUAL	01:37:44	01:37:18
608	1156	HELDER TEIXEIRA	38	M3539	109	M		INDIVIDUAL	01:37:44	01:36:58
609	303	JAIME VEIGA	44	M4044	128	M		EMSA TEAM	01:37:45	01:36:52
610	416	LUIS DUQUE	52	M5054	81	M		O MUNDO CORRIDA	01:37:45	01:36:49
611	475	ANGELO SILVA	57	M5559	57	M		GDU CAXIENSES	01:37:47	01:37:35
612	819	CARLOS MENDES	42	M4044	129	M		CR CRUZ PAU	01:37:57	01:37:30
613	290	JOAO REIS	43	M4044	130	M		VALEJAS AC	01:38:00	01:37:09
614	341	PHELIM O KANE	50	M5054	82	M		OS ZATOPEQUES	01:38:02	01:37:38
615	1037	HECTOR TAVERA	42	M4044	131	M		O MUNDO CORRIDA	01:38:02	01:37:34
616	1356	PEDRO MARIA	34	M2034	97	M		INDIVIDUAL	01:38:04	01:37:24
617	1422	EMANUEL PINTO	27	M2034	98	M		INDIVIDUAL	01:38:05	01:37:20
618	496	ALVARO FURTADO	49	M4549	99	M		SS CGD	01:38:07	01:37:56
619	8	ANTONIO HORTA	54	M5054	83	M		CCDP MUN CASCAIS	01:38:12	01:38:07
620	1348	JOSE L CORREIA	48	M4549	100	M		INDIVIDUAL	01:38:12	01:37:45
621	1267	JOAQUIM OLIMPIO	57	M5559	58	M		INDIVIDUAL	01:38:16	01:37:15
622	557	PEDRO DIAS	38	M3539	110	M		UR DAFUNDO	01:38:17	01:37:27
623	1378	JOSE FERRAZ	45	M4549	101	M		INDIVIDUAL	01:38:19	01:38:10
624	1194	JOSE GABRIEL	50	M5054	84	M		INDIVIDUAL	01:38:23	01:37:16

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
625	56	LUIS MAGALHAES	38	M3539	111	M		LESMAIS	01:38:24	01:37:37
626	643	ALBERTO CRUZ	59	M5559	59	M		AA LEBRES SADO	01:38:24	01:38:14
627	984	ANTONIO DUARTE	52	M5054	85	M		NAZ ABOBODA	01:38:25	01:38:19
628	571	JOSE CARVALHO	54	M5054	86	M		CCD EFACEC LISBOA	01:38:26	01:38:26
629	1103	JOAO RASO	33	M2034	99	M		INDIVIDUAL	01:38:26	01:38:21
630	1377	ICIAR RODRIGUES	31	F2034	5	F		INDIVIDUAL	01:38:28	01:37:43
631	761	RUI VARELA	45	M4549	102	M		CAA BELEM	01:38:29	01:37:32
632	1119	JOSE DUARTE	44	M4044	132	M		INDIVIDUAL	01:38:29	01:38:29
633	1383	DAVID FAUSTINO	42	M4044	133	M		INDIVIDUAL	01:38:32	01:37:16
634	724	JOAQUIM SANTOS	26	M2034	100	M		POVOA ST ADRIAO	01:38:40	01:37:47
635	280	PAULO SARROEIRA	36	M3539	112	M		MIRANTENSE FC	01:38:41	01:38:10
636	1051	CUSTODIO JANUARIO	54	M5054	87	M		C FERROV	01:38:42	01:38:10
637	1345	CARLOS BERNARDO	38	M3539	113	M		INDIVIDUAL	01:38:43	01:38:35
638	649	MARIO COELHO	42	M4044	134	M		AA LEBRES SADO	01:38:44	01:38:04
639	589	NUNO RAINHA	34	M2034	101	M		CLUBE STRESS	01:38:46	01:37:34
640	390	LUIS BARBOT	44	M4044	135	M		LEXMARK	01:38:47	01:38:15
641	1354	PEDRO PEREIRA	19	M0019	2	M		INDIVIDUAL	01:38:48	01:38:19
642	904	ALCEU PAULO	57	M5559	60	M		LINDA A PASTORA	01:38:51	01:37:52
643	769	AMERICO SABINO	43	M4044	136	M		REST CANTINHO	01:38:53	01:38:42
644	281	CARLOS BENAVENTE	48	M4549	103	M		GRD RIBEIRA LAGE	01:39:00	01:38:00
645	1114	CARLOS SANTOS	54	M5054	88	M		INDIVIDUAL	01:39:01	01:38:02
646	412	CONSTANCIO ALMEIDA	48	M4549	104	M		GA MONSANTO	01:39:02	01:38:32
647	879	AVELINO CLAUDIO	52	M5054	89	M		UCRD PRAIENSE	01:39:03	01:38:15
648	137	JOSE VENANCIO	54	M5054	90	M		CCD CASA PIA	01:39:05	01:39:05
649	1414	JORGE FRADIQUE	48	M4549	105	M		INDIVIDUAL	01:39:05	01:39:05
650	579	MANUEL CRUZ	54	M5054	91	M		AC PORTO SALVO	01:39:10	01:38:16
651	1343	ANTONIO DELGADO	45	M4549	106	M		INDIVIDUAL	01:39:12	01:38:54
652	1044	PAULO RIBEIRO	35	M3539	114	M		C PETER PAN	01:39:17	01:39:17
653	51	FERNANDO AZEVEDO	54	M5054	92	M		CCD SRS LISBOA	01:39:20	01:39:06
654	1205	NUNO SANTIAGO	31	M2034	102	M		INDIVIDUAL	01:39:20	01:38:44
655	424	CARLOS ALBERTO	37	M3539	115	M		NASHUATEC	01:39:29	01:38:44
656	1138	CARLOS TAVEIRA	34	M2034	103	M		INDIVIDUAL	01:39:32	01:39:22
657	20	ANDREW MENDES	30	M2034	104	M		LITTLEDOWN	01:39:35	01:38:54
658	42	CARLOS AMORIM	30	M2034	105	M		SMO PROGRESSO	01:39:37	01:39:19
659	1355	PEDRO COELHO	32	M2034	106	M		INDIVIDUAL	01:39:37	01:39:16
660	385	LUIS NUNES	52	M5054	93	M		CA OBIDOS	01:39:39	01:38:37
661	418	VICTOR SILVA	22	M2034	107	M		O MUNDO CORRIDA	01:39:39	01:39:39
662	392	ANTONIO DIAS	36	M3539	116	M		CLAC PAREDE	01:39:40	01:38:57
663	1108	FILIPPE SOUSA	45	M4549	107	M		INDIVIDUAL	01:39:41	01:38:46
664	415	JOSE A M MARTINS	32	M2034	108	M		O MUNDO CORRIDA	01:39:42	01:39:42
665	440	ANTONIO BILA	51	M5054	94	M		C OLIMPICO OEIRAS	01:39:44	01:39:23
666	563	JOSE SILVA	52	M5054	95	M		SESIMBRA MAR	01:39:44	01:39:08

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
667	1128	TERESA COUTO	30	F2034	6	F		INDIVIDUAL	01:39:45	01:39:29
668	223	CARLOS MANTEU	39	M3539	117	M		CBE SA	01:39:49	01:38:58
669	635	PAULO MOTA	40	M4044	137	M		AA LEBRES SADO	01:39:50	01:39:50
670	842	FERNANDO ALMEIDA	39	M3539	118	M		C MILLENNIUM BCP	01:39:50	01:39:25
671	815	LUIS PRUDENCIO	56	M5559	61	M		CR CRUZ PAU	01:39:56	01:39:09
672	704	CARLOS FERREIRA	50	M5054	96	M		CLUBE AUTOCOOPE	01:39:58	01:39:23
673	1332	ARLINDO SANTO	45	M4549	108	M		INDIVIDUAL	01:40:01	01:39:18
674	1285	JOSE A CUNHA	53	M5054	97	M		INDIVIDUAL	01:40:03	01:39:55
675	1016	JORGE BARREIRA	63	M6064	22	M		GRDC LEIAO	01:40:06	01:39:04
676	420	JOSE MAGRO	38	M3539	119	M		O MUNDO CORRIDA	01:40:11	01:39:25
677	528	ANTONIO LIMA	45	M4549	109	M		SL CAMPOLIDE	01:40:14	01:40:14
678	380	JOSE MATOS	47	M4549	110	M		AMIGOS PARQUE	01:40:15	01:39:14
679	709	ANTONIO GINJEIRA	63	M6064	23	M		AD REAL ACADEMIA	01:40:18	01:40:00
680	1391	SERGIO NUNES	32	M2034	109	M		INDIVIDUAL	01:40:18	01:39:25
681	304	STEVEN DUNLOP	34	M2034	110	M		EMSA TEAM	01:40:19	01:39:28
682	986	CARLOS FIGUEIRA	54	M5054	98	M		NAZ ABOBODA	01:40:23	01:40:00
683	1358	JOSE TAVARES	61	M6064	24	M		INDIVIDUAL	01:40:24	01:39:53
684	361	JOSE PEDRO	59	M5559	62	M		GDCT BES	01:40:25	01:39:57
685	603	MIGUEL LEAL	49	M4549	111	M		CLUBE STRESS	01:40:25	01:39:27
686	65	FRANCISCO SANTOS	48	M4549	112	M		GD COSTA BRAVA	01:40:32	01:39:58
687	310	PAULO PEREIRA	37	M3539	120	M		SS MONTEPIO	01:40:32	01:39:47
688	1341	MARIO L SANTOS	41	M4044	138	M		INDIVIDUAL	01:40:32	01:39:51
689	485	MANUEL COSTA	51	M5054	99	M		CCDT	01:40:37	01:39:31
690	792	JOAO ROCHA	56	M5559	63	M		GD SANTANDER	01:40:37	01:40:15
691	1276	FERNANDO CORREIA	42	M4044	139	M		INDIVIDUAL	01:40:37	01:40:34
692	548	FERNANDO FAVINHA	45	M4549	113	M		AE PAULO GAMA	01:40:39	01:40:09
693	482	CARLOS MOREIRA	54	M5054	100	M		CCDT	01:40:41	01:39:36
694	995	VITOR VICENTE	53	M5054	101	M		GD TETRA PAK	01:40:41	01:39:49
695	830	LUIS PARRO	46	M4549	114	M		PRAZER CORRIDA	01:40:43	01:39:37
696	909	GONÇALO GARCIA	53	M5054	102	M		CP LIBERTY	01:40:43	01:40:28
697	239	ANTONIO DESERTO	46	M4549	115	M		HP CLUB	01:40:44	01:39:41
698	828	PAULO GOMES	42	M4044	140	M		PRAZER CORRIDA	01:40:44	01:39:38
699	411	FRANCISCO PINHEIRO	52	M5054	103	M		GA MONSANTO	01:40:48	01:40:19
700	1334	JOSE PATINHA	36	M3539	121	M		INDIVIDUAL	01:40:48	01:40:16
701	1439	SILVIA SOBREIRA	36	F3539	6	F		INDIVIDUAL	01:40:50	01:39:57
702	857	ILIDIO RODRIGUES	56	M5559	64	M		C MILLENNIUM BCP	01:40:51	01:39:53
703	1206	HORACIO VIEIRA	57	M5559	65	M		INDIVIDUAL	01:40:51	01:40:51
704	1413	JOAO R L CARVALHO	57	M5559	66	M		INDIVIDUAL	01:40:53	01:40:04
705	1303	CLAUDIO BOLONHO	40	M4044	141	M		INDIVIDUAL	01:40:54	01:40:22
706	231	RUI CANDEIAS	31	M2034	111	M		AA GRANDOLA	01:40:55	01:40:22
707	1159	CARLOS RANGEL	54	M5054	104	M		INDIVIDUAL	01:40:55	01:39:57
708	229	JOSE SANTOS	45	M4549	116	M		AA GRANDOLA	01:40:56	01:40:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
709	1041	TOM HAYCRAFT	44	M4044	142	M		O MUNDO CORRIDA	01:40:57	01:40:29
710	1012	LUIS FIGUEIREDO	37	M3539	122	M		PEDRA AMARELA	01:41:00	01:39:42
711	10	ARTUR MARTINS	68	M6599	7	M		CCDP MUN CASCAIS	01:41:01	01:40:28
712	298	NUNO MORAIS	34	M2034	112	M		GAA VILA FRANCA	01:41:01	01:40:26
713	1184	ADRIANO CUNHA	54	M5054	105	M		INDIVIDUAL	01:41:04	01:40:05
714	11	JOAO MIGUEL	69	M6599	8	M		CCDP MUN CASCAIS	01:41:05	01:40:28
715	82	JOSE GOUVEIA	51	M5054	106	M		NA PAPAGAIOS	01:41:08	01:40:29
716	437	LUIS OLIVEIRA	38	M3539	123	M		MULTITEAM	01:41:08	01:40:29
717	225	NUNO OLIVEIRA	39	M3539	124	M		BODY & CIA	01:41:10	01:41:10
718	713	FERNANDO LOPES	62	M6064	25	M		AD REAL ACADEMIA	01:41:10	01:40:32
719	226	CLARA GRUBBEN	41	F4044	3	F		BODY & CIA	01:41:13	01:40:44
720	1164	ANTONIO SIMOES	50	M5054	107	M		INDIVIDUAL	01:41:13	01:40:25
721	1471	MARCO JACINTO	33	M2034	113	M		INDIVIDUAL	01:41:18	01:40:14
722	1472	JOSE AMARAL	33	M2034	114	M		INDIVIDUAL	01:41:18	01:40:12
723	634	MAYER RAPOSO	60	M6064	26	M		AA LEBRES SADO	01:41:21	01:41:11
724	1176	MANUEL PIMENTA	54	M5054	108	M		INDIVIDUAL	01:41:22	01:40:12
725	66	LUIS AMORIM	50	M5054	109	M		NA BEIERSDORF	01:41:23	01:40:34
726	1404	TIAGO SEQUEIRA	38	M3539	125	M		INDIVIDUAL	01:41:27	01:40:47
727	414	RUI BORGES	45	M4549	117	M		GA MONSANTO	01:41:29	01:40:59
728	500	ANTONIO TABORDA	57	M5559	67	M		SS CGD	01:41:29	01:40:34
729	1437	TIAGO M M MARTINS	26	M2034	115	M		INDIVIDUAL	01:41:32	01:40:12
730	706	MARCO GOUVEIA	34	M2034	116	M		CLUBE AUTOCOOPE	01:41:33	01:41:22
731	1222	CARLOS AFONSO	43	M4044	143	M		INDIVIDUAL	01:41:36	01:40:39
732	1392	ANTONIO SUL	39	M3539	126	M		INDIVIDUAL	01:41:37	01:41:08
733	1395	SERGIO ALMEIDA	40	M4044	144	M		INDIVIDUAL	01:41:37	01:40:55
734	655	CLARINDA SANTOS	42	F4044	4	F		AA LEBRES SADO	01:41:39	01:41:10
735	459	MARIA NOVAIS	42	F4044	5	F		GDU CAXIENSES	01:41:41	01:41:21
736	461	CARLOS MARQUES	70	M6599	9	M		GDU CAXIENSES	01:41:42	01:41:20
737	1148	PEDRO VALENTE	35	M3539	127	M		INDIVIDUAL	01:41:43	01:40:39
738	1322	MIGUEL LOUREIRO	29	M2034	117	M		INDIVIDUAL	01:41:44	01:41:03
739	712	FERNANDO FERREIRA	69	M6599	10	M		AD REAL ACADEMIA	01:41:45	01:41:07
740	595	ALBERTO PIMENTA	51	M5054	110	M		CLUBE STRESS	01:41:46	01:40:39
741	1411	RAUL DAMAS	57	M5559	68	M		INDIVIDUAL	01:41:48	01:40:38
742	309	ANTONIO FRANCO	42	M4044	145	M		SS MONTEPIO	01:41:49	01:41:08
743	483	FERNANDO CARDOSO	55	M5559	69	M		CCDT	01:41:50	01:40:48
744	80	ZACARIAS ALVES	46	M4549	118	M		NA PAPAGAIOS	01:41:51	01:41:32
745	1040	ALISON RAMIREZ	35	M3539	128	M		O MUNDO CORRIDA	01:41:55	01:41:27
746	993	JOAO MILHEIRO	48	M4549	119	M		O FORNO CIDADE	01:41:56	01:41:15
747	1077	LEONEL PIRES	63	M6064	27	M		GDR PAP	01:41:56	01:41:02
748	508	JOSE FERNANDES	54	M5054	111	M		SS CGD	01:41:57	01:40:47
749	1416	JOAQUIM MATOS	32	M2034	118	M		INDIVIDUAL	01:41:58	01:41:40
750	191	TIAGO MOUTA	25	M2034	119	M		GRANDELLA CREW	01:42:00	01:40:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
751	370	CARLA VALADAS	30	F2034	7	F			GD BANCO BPI	01:42:01	01:41:40
752	98	DINIS	44	M4044	146	M			CORRIDA BOHEMIA	01:42:10	01:41:16
753	1216	DANIEL CARDOSO	34	M2034	120	M			INDIVIDUAL	01:42:14	01:41:09
754	372	RENATO CRUZ	39	M3539	129	M			GD BANCO BPI	01:42:15	01:41:04
755	324	CARLA FONSECA	38	F3539	7	F			CAPARICA MEXE	01:42:17	01:41:16
756	1260	JOSE P COSTA	41	M4044	147	M			INDIVIDUAL	01:42:17	01:41:21
757	228	CASSIANA BRUEL	44	F4044	6	F			BODY & CIA	01:42:19	01:42:19
758	1467	JOAO CABECAS	31	M2034	121	M			INDIVIDUAL	01:42:19	01:41:53
759	882	JOAO RODRIGUES	33	M2034	122	M			BV MONTEMOR	01:42:20	01:42:00
760	89	PAULO SILVA	33	M2034	123	M			ATLETICO SJ	01:42:22	01:41:20
761	871	RUI SILVA	57	M5559	70	M			SFUAP	01:42:23	01:41:21
762	559	FILIPPE SIMOES	32	M2034	124	M			TECNOSPIE	01:42:31	01:42:31
763	560	AMERICO COSTA	50	M5054	112	M			TECNOSPIE	01:42:31	01:41:27
764	15	FRANCISCO VAZ	40	M4044	148	M			PHONRLINK	01:42:34	01:42:09
765	23	AMADEU FERREIRA	65	M6599	11	M			GDCT REPSOL	01:42:35	01:41:52
766	633	JAIME MOTA	60	M6064	28	M			AA LEBRES SADO	01:42:35	01:42:06
767	639	JOAQUIM PEREIRA	68	M6599	12	M			AA LEBRES SADO	01:42:36	01:42:28
768	1464	JOAO LUZ	47	M4549	120	M			INDIVIDUAL	01:42:36	01:42:09
769	582	JOSE CANHOTO	59	M5559	71	M			AC PORTO SALVO	01:42:38	01:42:20
770	1121	EDUARDO CORREIA	41	M4044	149	M			INDIVIDUAL	01:42:39	01:42:29
771	265	ROBERT BIENKOWSKI	59	M5559	72	M			ST JULIANS SCHOOL	01:42:40	01:42:09
772	472	JOSE NAVE	54	M5054	113	M			GDU CAXIENSES	01:42:40	01:42:18
773	209	RUI RAMOS	43	M4044	150	M			ATLETISMO LOIOS	01:42:41	01:42:41
774	259	GONALO EZEQUIEL	30	M2034	125	M			VET CARNAXIDE	01:42:44	01:42:09
775	851	JORGE SOARES	42	M4044	151	M			C MILLENNIUM BCP	01:42:50	01:42:50
776	301	RICARDO SILVA	32	M2034	126	M			#1	01:42:51	01:42:51
777	227	CHRISTINA DE CASTRO	49	F4599	4	F			BODY & CIA	01:42:52	01:42:23
778	261	LUIS ANTUNES	45	M4549	121	M			GA MONSANTO	01:42:54	01:42:08
779	767	PAULO DUARTE	42	M4044	152	M			GDCT UNICRE	01:42:55	01:42:00
780	266	GONALO SILVA	29	M2034	127	M			AFRS	01:42:56	01:42:11
781	638	JORGE SILVA	46	M4549	122	M			AA LEBRES SADO	01:42:57	01:42:13
782	1311	JOSE LIMA	42	M4044	153	M			INDIVIDUAL	01:43:02	01:41:57
783	1427	AMERICO MATOS	56	M5559	73	M			INDIVIDUAL	01:43:04	01:42:53
784	120	ABILIO VERGAMOTA	52	M5054	114	M			AMIGOS ALCATRAO	01:43:06	01:42:34
785	858	SOBRAL SOUSA	61	M6064	29	M			C MILLENNIUM BCP	01:43:07	01:42:11
786	790	ANTONIO PEREIRA	43	M4044	154	M			GD SANTANDER	01:43:12	01:42:29
787	379	LUIS FONSECA	47	M4549	123	M			AMIGOS PARQUE	01:43:16	01:42:14
788	382	ANTONIO NASCIMENTO	50	M5054	115	M			AMIGOS PARQUE	01:43:16	01:42:13
789	1255	PAULO PINTO	44	M4044	155	M			INDIVIDUAL	01:43:17	01:42:52
790	182	FERNANDO MARQUES	31	M2034	128	M			MIRANTENSE FC	01:43:21	01:42:35
791	795	CARLOS BRITO	50	M5054	116	M			GD SANTANDER	01:43:21	01:42:57
792	1290	JOSE PEDRO	35	M3539	130	M			INDIVIDUAL	01:43:23	01:42:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
793	1017	JOSE PIRES	38	M3539	131	M		GRDC LEIAO	01:43:25	01:43:21
794	1154	LUIS LOURENÇO	34	M2034	129	M		INDIVIDUAL	01:43:25	01:42:11
795	1293	ANTONIO GAZZO	44	M4044	156	M		INDIVIDUAL	01:43:25	01:42:13
796	1117	PAULO SOUSA	39	M3539	132	M		INDIVIDUAL	01:43:26	01:42:28
797	1120	MANUEL FERNANDES	46	M4549	124	M		INDIVIDUAL	01:43:26	01:42:34
798	1153	LUIS M DIAS	37	M3539	133	M		INDIVIDUAL	01:43:30	01:42:19
799	1473	CARLOS GARCIA	42	M4044	157	M		INDIVIDUAL	01:43:36	01:42:32
800	1213	RUI CORREIA	56	M5559	74	M		INDIVIDUAL	01:43:37	01:42:32
801	760	JULIO CASTRO	48	M4549	125	M		CAA BELEM	01:43:39	01:42:42
802	809	JOAO TORRADO	59	M5559	75	M		EIRAGYM	01:43:42	01:43:08
803	187	ROSA PRATAS	48	F4599	5	F		C FERROV	01:43:44	01:43:33
804	257	RUI SIMOES	32	M2034	130	M		VET CARNAXIDE	01:43:44	01:43:09
805	72	ALEXANDRE TREMOCEIRO	31	M2034	131	M		VAMOSSIMBORA	01:43:48	01:42:55
806	556	JOAO REIS	36	M3539	134	M		UR DAFUNDO	01:43:49	01:42:58
807	1347	ANTONIO MOREIRA	52	M5054	117	M		INDIVIDUAL	01:43:53	01:43:03
808	558	EMIDIO CARRAPEIRO	47	M4549	126	M		UR DAFUNDO	01:43:54	01:43:07
809	368	FERNANDO LUZ	37	M3539	135	M		GD BANCO BPI	01:43:56	01:43:30
810	59	SUSANA ALMEIDA	37	F3539	8	F		LESMAS	01:43:59	01:43:01
811	645	LAURENTINO SANTOS	47	M4549	127	M		AA LEBRES SADO	01:43:59	01:43:00
812	657	SILVIA COELHO	41	F4044	7	F		AA LEBRES SADO	01:43:59	01:43:00
813	1010	HENRIQUE SOUSA	43	M4044	158	M		CSS PINHAL FRADES	01:44:00	01:42:52
814	1225	RICARDO GARCIA	33	M2034	132	M		INDIVIDUAL	01:44:01	01:43:44
815	41	HELIO GODINHO	57	M5559	76	M		SMO PROGRESSO	01:44:03	01:43:44
816	313	CARLOS MIMOSO	44	M4044	159	M		SINTRA ATLETISMO	01:44:04	01:43:47
817	1363	JOSE REBOCA	40	M4044	160	M		INDIVIDUAL	01:44:09	01:43:34
818	1250	MARCO BARROS	38	M3539	136	M		INDIVIDUAL	01:44:13	01:43:00
819	1201	JOSE ALMEIDA	46	M4549	128	M		INDIVIDUAL	01:44:15	01:44:04
820	60	JOAO REVES	36	M3539	137	M		LESMAS	01:44:19	01:43:47
821	399	PEDRO RODRIGUES	38	M3539	138	M		CLAC PAREDE	01:44:19	01:43:09
822	428	BASILIO LEAL	50	M5054	118	M		NASHUATEC	01:44:21	01:43:34
823	307	LUIS COSTA	45	M4549	129	M		SMD CANEÇAS	01:44:22	01:43:37
824	397	CARLOS COSTA	47	M4549	130	M		CLAC PAREDE	01:44:23	01:44:17
825	592	CARLA CRUZ	39	F3539	9	F		CLUBE STRESS	01:44:24	01:43:20
826	86	JOSE LIBARATO	31	M2034	133	M		GDCT IN CASA	01:44:25	01:44:06
827	378	JOSE GARRIDO	47	M4549	131	M		AMIGOS PARQUE	01:44:25	01:43:21
828	493	PEDRO CAPELAS	38	M3539	139	M		SC MOITENSE	01:44:25	01:43:51
829	112	JOSE NEVES	55	M5559	77	M		OS INDOMAVEIS	01:44:28	01:44:00
830	396	JOAO COSTA	45	M4549	132	M		CLAC PAREDE	01:44:28	01:44:23
831	148	PAULO PORTUGAL	42	M4044	161	M		A VALE SILENCIO	01:44:38	01:43:28
832	768	JOSE PRAÇA	62	M6064	30	M		GDCT UNICRE	01:44:39	01:43:43
833	640	MANUEL SEQUEIRA	57	M5559	78	M		AA LEBRES SADO	01:44:42	01:43:45
834	208	VITOR MIFFEN	33	M2034	134	M		ATLETISMO LOIOS	01:44:47	01:44:47

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
835	833	JOSE CATITA	49	M4549	133	M		PRAZER CORRIDA	01:44:48	01:43:46
836	114	FERNANDO MOREIRA	59	M5559	79	M		QUINTA D'ANN	01:44:51	01:44:37
837	486	MANUEL DANTAS	61	M6064	31	M		CCDT	01:44:51	01:44:22
838	861	JOAO V PEREIRA	36	M3539	140	M		C MILLENNIUM BCP	01:44:52	01:44:52
839	1227	PAULO MARQUES	42	M4044	162	M		INDIVIDUAL	01:44:53	01:44:36
840	1097	LUIS MATIAS	55	M5559	80	M		INDIVIDUAL	01:44:56	01:43:45
841	1111	CARLOS LAGARTO	37	M3539	141	M		INDIVIDUAL	01:45:00	01:43:53
842	725	MANUEL GONÇALVES	30	M2034	135	M		POVOA ST ADRIAO	01:45:01	01:44:09
843	29	JOAO VERISSIMO	49	M4549	134	M		GM MECANICA	01:45:04	01:44:16
844	1359	JOAO FIALHO	37	M3539	142	M		INDIVIDUAL	01:45:04	01:44:34
845	422	EDUARDO JORGE	53	M5054	119	M		NASHUATEC	01:45:05	01:44:18
846	1163	PEDRO GONÇALVES	53	M5054	120	M		INDIVIDUAL	01:45:05	01:44:15
847	122	JOSE MATILDES	51	M5054	121	M		OS NUNES	01:45:08	01:44:05
848	653	MARIO NOVA	57	M5559	81	M		AA LEBRES SADO	01:45:08	01:44:25
849	779	EUGENIA CARAPETO	41	F4044	8	F		CCD O ALVITEJO	01:45:09	01:45:00
850	1207	LUIS BARROS	37	M3539	143	M		INDIVIDUAL	01:45:10	01:44:12
851	335	NUNO SILVA	32	M2034	136	M		OS ZATOPEQUES	01:45:11	01:44:42
852	1018	ELISABETE BARREIRA	32	F2034	8	F		GRDC LEIAO	01:45:11	01:44:12
853	211	JOAO BARBOSA	34	M2034	137	M		PM OEIRAS	01:45:12	01:44:34
854	377	FERNANDO FACHADAS	57	M5559	82	M		GD BANCO BPI	01:45:15	01:44:02
855	505	EURICO SEMEDO	59	M5559	83	M		SS CGD	01:45:16	01:44:49
856	606	SOFIA FERNANDES	32	F2034	9	F		CLUBE STRESS	01:45:16	01:44:07
857	849	MOURA BRANCO	57	M5559	84	M		C MILLENNIUM BCP	01:45:17	01:44:41
858	1270	JORGE NUNES	41	M4044	163	M		INDIVIDUAL	01:45:17	01:44:08
859	853	PAULO MOREIRA	42	M4044	164	M		C MILLENNIUM BCP	01:45:18	01:44:42
860	53	JORGE SANTOS	30	M2034	138	M		CCD SRS LISBOA	01:45:19	01:44:26
861	602	RITA MANSO	36	F3539	10	F		CLUBE STRESS	01:45:22	01:44:17
862	306	ANDREA PELIZZARI	37	M3539	144	M		EMSA TEAM	01:45:26	01:44:37
863	1389	JORGE DUARTE	42	M4044	165	M		INDIVIDUAL	01:45:30	01:45:07
864	1275	MANUEL GARRINHAS	48	M4549	135	M		INDIVIDUAL	01:45:31	01:45:05
865	193	FERNANDO COLAÇO	28	M2034	139	M		C SARGENTO	01:45:33	01:44:08
866	169	DAVID SILVA	44	M4044	166	M		CD ASAS	01:45:34	01:45:28
867	1278	JOSE MORAIS	51	M5054	122	M		INDIVIDUAL	01:45:34	01:45:34
868	381	RAUL FERREIRA	49	M4549	136	M		AMIGOS PARQUE	01:45:38	01:44:37
869	1367	HELENA OLIVEIRA	58	F4599	6	F		INDIVIDUAL	01:45:40	01:45:37
870	36	SUSANA BISCAIA	30	F2034	10	F		SEMPRE FAVORITOS	01:45:41	01:44:59
871	1304	PEDRO TAVARES	29	M2034	140	M		INDIVIDUAL	01:45:43	01:45:06
872	314	AMILCAR RIBEIRO	49	M4549	137	M		SINTRA ATLETISMO	01:45:47	01:45:27
873	1053	MARTINS BARATA	64	M6064	32	M		C FERROV	01:45:49	01:45:16
874	121	RUI VERGAMOTA	50	M5054	123	M		AMIGOS ALCATRAO	01:45:50	01:45:23
875	1287	JOSE AMARAL	43	M4044	167	M		INDIVIDUAL	01:45:50	01:44:41
876	201	MARTINHO FREIRA	61	M6064	33	M		GD AMARO	01:45:51	01:45:14

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
877	236	PAULO CABRITA	42	M4044	168	M		HP CLUB	01:45:51	01:44:56
878	34	AIDA FREITAS	36	F3539	11	F		SEMPRE FAVORITOS	01:45:53	01:45:08
879	703	JOSE DIAS	50	M5054	124	M		CLUBE AUTOCOOPE	01:45:54	01:45:12
880	175	ANTONIO MARQUES	33	M2034	141	M		CD ASAS	01:46:01	01:45:16
881	745	ORLANDO COUTO	53	M5054	125	M		GD MACEDO	01:46:04	01:46:04
882	867	MANUEL MARTA	62	M6064	34	M		C MILLENNIUM BCP	01:46:06	01:45:41
883	184	NUNO NUNES	30	M2034	142	M		MIRANTENSE FC	01:46:08	01:45:46
884	136	JOAQUIM FRAGOSO	58	M5559	85	M		CCD CASA PIA	01:46:09	01:44:51
885	1417	AVELINO VESTIAS	58	M5559	86	M		INDIVIDUAL	01:46:12	01:46:11
886	1477	ANTONIO JESUS	58	M5559	87	M		INDIVIDUAL	01:46:13	01:46:13
887	1478	RUI MALHA	41	M4044	169	M		INDIVIDUAL	01:46:13	01:45:38
888	929	FERNANDA COSTA	45	F4599	7	F		AA MAFRA	01:46:14	01:46:09
889	1475	ANTONIO BEXIGA	42	M4044	170	M		INDIVIDUAL	01:46:14	01:45:07
890	76	MANUEL OLIVEIRA	68	M6599	13	M		AAE BNU	01:46:15	01:45:50
891	883	ANTONIO AGOSTINHO	61	M6064	35	M		CR ALVORADA	01:46:15	01:46:15
892	238	MANUEL CORREIA	34	M2034	143	M		HP CLUB	01:46:16	01:45:20
893	1269	PAULO SAINICA	36	M3539	145	M		INDIVIDUAL	01:46:16	01:45:58
894	206	JOSE CARDOSO	42	M4044	171	M		GD AMARO	01:46:17	01:46:08
895	498	HELENA MEDEIRO	39	F3539	12	F		SS CGD	01:46:20	01:45:53
896	319	ALICE GONÇALVES	35	F3539	13	F		GD MPL	01:46:21	01:45:48
897	393	PEDRO RIBEIRO	49	M4549	138	M		CLAC PAREDE	01:46:21	01:45:45
898	892	EDMUNDO LOURENÇO	29	M2034	144	M		GALAPA SA	01:46:22	01:45:37
899	656	JOANA GRACIO	24	F2034	11	F		AA LEBRES SADO	01:46:24	01:45:28
900	501	SEVERINO ROSA	52	M5054	126	M		SS CGD	01:46:25	01:45:55
901	1189	RUI SALES	41	M4044	172	M		INDIVIDUAL	01:46:31	01:46:05
902	140	CARLOS ANDRADE	36	M3539	146	M		CCD CASA PIA	01:46:38	01:45:19
903	83	DOMINGOS DURO	63	M6064	36	M		NA PAPAGAIOS	01:46:54	01:46:14
904	1132	JOSE RAIMUNDO	46	M4549	139	M		INDIVIDUAL	01:46:54	01:46:23
905	561	FILIPE FILIPE	41	M4044	173	M		SESIMBRA MAR	01:46:56	01:45:42
906	562	NOEL CABEÇA	43	M4044	174	M		SESIMBRA MAR	01:46:56	01:45:42
907	1068	PEDRO ALFAIATE	36	M3539	147	M		CSS PINHAL FRADES	01:46:59	01:45:50
908	391	SANDRA SOUSA	48	F4599	8	F		CLAC PAREDE	01:47:00	01:46:26
909	687	JOSE PAVAO	51	M5054	127	M		AÇOREANA	01:47:01	01:46:27
910	375	VASCO SANTOS	48	M4549	140	M		GD BANCO BPI	01:47:02	01:46:31
911	1204	JORGE DURO	34	M2034	145	M		INDIVIDUAL	01:47:05	01:47:05
912	765	VITOR CID	33	M2034	146	M		GDCT UNICRE	01:47:07	01:46:10
913	1266	ALMERINDO SILVA	48	M4549	141	M		INDIVIDUAL	01:47:09	01:46:19
914	1056	GUALDINO MARTINS	57	M5559	88	M		C FERROV	01:47:13	01:46:05
915	383	RUI REMEDIOS	42	M4044	175	M		AMIGOS PARQUE	01:47:15	01:46:11
916	1107	ANTONIO HORTEGA	44	M4044	176	M		INDIVIDUAL	01:47:17	01:46:22
917	637	JOSE EUSEBIO	63	M6064	37	M		AA LEBRES SADO	01:47:18	01:46:47
918	1325	HELENA BARROS	41	F4044	9	F		INDIVIDUAL	01:47:18	01:47:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
919	366	RICARDO FERNANDES	48	M4549	142	M		GDCT BES	01:47:21	01:46:23
920	1140	DANIEL MARINHEIRO	30	M2034	147	M		INDIVIDUAL	01:47:21	01:47:02
921	1082	CIRO CARLUCCI	40	M4044	177	M		JC LISBON	01:47:24	01:47:24
922	722	DOMINGOS MO	56	M5559	89	M		GA OS PATRICIOS	01:47:36	01:46:48
923	969	JOSE COSTA	67	M6599	14	M		D MONTE REAL	01:47:38	01:47:19
924	133	TOMAS WIBORG	38	M3539	148	M		VFF 1896	01:47:39	01:47:31
925	897	CATARINA CERQUEIRA	35	F3539	14	F		LINDA A PASTORA	01:47:40	01:46:40
926	1312	PAULO BRANCO	40	M4044	178	M		INDIVIDUAL	01:47:41	01:46:58
927	821	ALFREDO MONTEIRO	56	M5559	90	M		GD OS ASES	01:47:43	01:46:59
928	1419	JOAO A SILVA	31	M2034	148	M		INDIVIDUAL	01:47:43	01:46:29
929	55	ALBINO FERREIRA	43	M4044	179	M		LESMAS	01:47:46	01:46:45
930	1366	JOSE PAULINO	48	M4549	143	M		INDIVIDUAL	01:47:50	01:47:22
931	1455	JOSE C COSTA	48	M4549	144	M		INDIVIDUAL	01:47:50	01:47:34
932	58	LUISA SANTO	40	F4044	10	F		LESMAS	01:47:56	01:46:55
933	79	DOMINGOS COSTA	58	M5559	91	M		AAE BNU	01:47:58	01:47:20
934	850	MIGUEL BIDARRA	44	M4044	180	M		C MILLENNIUM BCP	01:47:58	01:47:25
935	78	JOAO BRANCO	60	M6064	38	M		AAE BNU	01:47:59	01:47:31
936	1351	FERNANDA FERREIRA	40	F4044	11	F		INDIVIDUAL	01:47:59	01:46:54
937	1310	JOAQUIM BARROLAS	55	M5559	92	M		INDIVIDUAL	01:48:03	01:48:03
938	870	ANTONIO GUERRA	61	M6064	39	M		SFUAP	01:48:04	01:47:02
939	1350	RUI FERREIRA	38	M3539	149	M		INDIVIDUAL	01:48:04	01:48:04
940	1177	RUI RODRIGUES	40	M4044	181	M		INDIVIDUAL	01:48:05	01:47:44
941	179	JOAQUIM CASCALHEIRA	36	M3539	150	M		ENGISILCA	01:48:11	01:47:16
942	1095	JOAO SILVA	45	M4549	145	M		INDIVIDUAL	01:48:11	01:48:09
943	354	Mª CARMO BARROS	48	F4599	9	F		CARDIO SANTA	01:48:13	01:47:16
944	1333	JOSE M LOPES	54	M5054	128	M		INDIVIDUAL	01:48:16	01:47:36
945	710	ANTONIO VENTURA	48	M4549	146	M		AD REAL ACADEMIA	01:48:17	01:47:45
946	721	Mª JOSE RECTO	40	F4044	12	F		AD REAL ACADEMIA	01:48:22	01:47:51
947	869	MARIO ALVES	52	M5054	129	M		SFUAP	01:48:23	01:47:22
948	1456	JORGE PEREIRA	40	M4044	182	M		INDIVIDUAL	01:48:24	01:47:36
949	658	ESTELA GONÇALVES	30	F2034	12	F		AA LEBRES SADO	01:48:31	01:47:35
950	748	VITOR SILVA	55	M5559	93	M		GD MACEDO	01:48:38	01:48:38
951	1226	JOAO FERREIRA	44	M4044	183	M		INDIVIDUAL	01:48:41	01:48:24
952	1160	ALBANO SILVA	45	M4549	147	M		INDIVIDUAL	01:48:44	01:48:19
953	151	ANTONIO CARDOSO	32	M2034	149	M		LANG	01:48:47	01:47:51
954	152	SERAFIM ALVES	52	M5054	130	M		LANG	01:48:47	01:47:50
955	247	LUIS SANTOS	55	M5559	94	M		GRUPO S	01:48:49	01:47:57
956	246	AMERICO LOPES	44	M4044	184	M		GRUPO S	01:48:50	01:47:55
957	749	JOSE FIGUEIREDO	71	M6599	15	M		GD CASA PELES	01:48:54	01:48:13
958	1193	VITOR MORAIS	49	M4549	148	M		INDIVIDUAL	01:48:56	01:48:08
959	210	HELDER ALVES	30	M2034	150	M		ATLETISMO LOIOS	01:49:02	01:49:02
960	237	LUIS CARVALHO	34	M2034	151	M		HP CLUB	01:49:02	01:48:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
961	161	CAREMEN PIRES	30	F2034	13	F			CD ASAS	01:49:05	01:48:21
962	160	CATIA SERODIO	28	F2034	14	F			CD ASAS	01:49:06	01:48:19
963	162	MONICA SOUSA	33	F2034	15	F			CD ASAS	01:49:06	01:48:19
964	224	MANUEL BOAVIDA	58	M5559	95	M			BODY & CIA	01:49:06	01:48:33
965	35	CARLOS FERREIRA	39	M3539	151	M			SEMPRE FAVORITOS	01:49:07	01:48:24
966	1199	JOAO COSTA	54	M5054	131	M			INDIVIDUAL	01:49:11	01:48:40
967	728	DIOGO ARRAIAS	53	M5054	132	M			CLUBE ROBBIALAC	01:49:13	01:48:57
968	308	VITOR RAFAEL	44	M4044	185	M			SS MONTEPIO	01:49:19	01:48:36
969	311	JAIME GOMES	51	M5054	133	M			SS MONTEPIO	01:49:19	01:48:37
970	1446	EMANUEL COELHO	35	M3539	152	M			INDIVIDUAL	01:49:20	01:49:01
971	196	ALBANO GINJA	51	M5054	134	M			C SARGENTO	01:49:21	01:48:16
972	609	LUIS RATO	48	M4549	149	M			CLUBE STRESS	01:49:21	01:48:19
973	988	FERNANDO PIRES	55	M5559	96	M			NAZ ABOBODA	01:49:22	01:49:14
974	766	GONALO OLIVEIRA	45	M4549	150	M			GDCT UNICRE	01:49:23	01:48:57
975	1178	PAULA SANTOS	38	F3539	15	F			INDIVIDUAL	01:49:23	01:49:03
976	194	ANTONIO PEREIRA	43	M4044	186	M			C SARGENTO	01:49:27	01:48:26
977	652	MANUEL PRATES	60	M6064	40	M			AA LEBRES SADO	01:49:28	01:48:44
978	1065	ANTONIO GOMES	39	M3539	153	M			GRDC LEIAO	01:49:29	01:49:29
979	355	CRISTINA GAVINHO	31	F2034	16	F			CARDIO SANTA	01:49:30	01:48:33
980	1280	JOSE C SANTOS	46	M4549	151	M			INDIVIDUAL	01:49:40	01:49:02
981	1454	PAULO M OLIVEIRA	48	M4549	152	M			INDIVIDUAL	01:49:40	01:48:44
982	1434	JORGE C NUNES	49	M4549	153	M			INDIVIDUAL	01:49:42	01:49:09
983	1435	OLINDA NUNES	47	F4599	10	F			INDIVIDUAL	01:49:42	01:49:08
984	1244	ANDREW BARRETT	40	M4044	187	M			INDIVIDUAL	01:49:49	01:48:54
985	449	RAQUEL AFONSO	34	F2034	17	F			C OLIMPICO OEIRAS	01:49:50	01:49:37
986	966	TIMOTEO PFUMO	58	M5559	97	M			D MONTE REAL	01:49:50	01:49:32
987	1036	HENRY STIEH	41	M4044	188	M			O MUNDO CORRIDA	01:49:50	01:49:24
988	669	RUI BERNARDINO	27	M2034	152	M			BPN	01:49:51	01:48:35
989	504	HELDER VALENTE	34	M2034	153	M			SS CGD	01:49:56	01:48:47
990	1220	ANTONIO ESTEVES	43	M4044	189	M			INDIVIDUAL	01:50:00	01:49:19
991	1221	NUNO CARNEIRO	34	M2034	154	M			INDIVIDUAL	01:50:00	01:49:16
992	1122	RUI FIGUEIRAL	28	M2034	155	M			INDIVIDUAL	01:50:01	01:49:52
993	1137	VITOR SOUSA	57	M5559	98	M			INDIVIDUAL	01:50:02	01:49:20
994	471	MARIO MIRA	41	M4044	190	M			AA LEBRES SADO	01:50:09	01:49:53
995	1239	FERNANDO L FERNANDES	46	M4549	154	M			INDIVIDUAL	01:50:14	01:49:50
996	192	SHAHAB SHAHIDIAN	45	M4549	155	M			ADC VALE GROU	01:50:19	01:49:15
997	865	AMADEU LOPES	74	M6599	16	M			C MILLENNIUM BCP	01:50:19	01:49:30
998	351	ANTONIO MOURA	51	M5054	135	M			PLUMAS	01:50:23	01:49:46
999	130	ANDRE BEJA	30	M2034	156	M			VAMOSSIMBORA	01:50:27	01:49:34
1000	394	ANTONIO SARAIVA	50	M5054	136	M			CLAC PAREDE	01:50:29	01:50:22
1001	570	PAULO SANTOS	38	M3539	154	M			CCD EFACEC LISBOA	01:50:30	01:50:30
1002	565	ADELINO FORTUNATO	58	M5559	99	M			SESIMBRA MAR	01:50:34	01:49:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
1003	92	ANGELINA CAETANO	52	F4599	11	F			BUDELPACK	01:50:39	01:50:11
1004	818	JOAO TOMAS	52	M5054	137	M			CR CRUZ PAU	01:50:39	01:50:05
1005	873	JOSE SOUSA	48	M4549	156	M			SFUAP	01:50:44	01:49:41
1006	1451	PEDRO BICO	39	M3539	155	M			INDIVIDUAL	01:50:46	01:49:53
1007	1403	RITA MARQUES	33	F2034	18	F			INDIVIDUAL	01:50:48	01:50:09
1008	896	CARLA ROCHA	35	F3539	16	F			LINDA A PASTORA	01:50:49	01:49:49
1009	719	MARIO LAMEIRAO	59	M5559	100	M			AD REAL ACADEMIA	01:50:51	01:50:44
1010	1313	JOSE MAGALHAES	40	M4044	191	M			INDIVIDUAL	01:50:52	01:50:23
1011	1067	FRANCISCO PATINHA	51	M5054	138	M			GRDC LEIAO	01:50:56	01:49:40
1012	1268	CESAR MESQUITA	49	M4549	157	M			INDIVIDUAL	01:50:57	01:50:50
1013	1061	ELIANA PEGORETTI	37	F3539	17	F			O MUNDO CORRIDA	01:50:58	01:50:03
1014	1319	LENIA RIBEIRO	30	F2034	19	F			INDIVIDUAL	01:50:59	01:50:05
1015	1060	HELDER JORGE	29	M2034	157	M			O MUNDO CORRIDA	01:51:00	01:50:05
1016	163	TIMOTEO SEIA	23	M2034	158	M			CD ASAS	01:51:05	01:50:21
1017	141	JOSE SIMOES	59	M5559	101	M			CCD CASA PIA	01:51:08	01:50:45
1018	732	ANTONIO COSTA	65	M6599	17	M			GD MACEDO	01:51:09	01:50:37
1019	503	CARLOS ALBANO	36	M3539	156	M			SS CGD	01:51:10	01:50:04
1020	1271	PAULO NUNES	35	M3539	157	M			INDIVIDUAL	01:51:10	01:50:01
1021	188	ARSENIO FACAS	57	M5559	102	M			C FERROV	01:51:12	01:50:06
1022	1431	VITOR HENRIQUES	45	M4549	158	M			INDIVIDUAL	01:51:13	01:51:07
1023	426	RAUL SAMPAIO	50	M5054	139	M			NASHUATEC	01:51:14	01:50:28
1024	820	MANUEL BARTOLOMEU	53	M5054	140	M			GD OS ASES	01:51:15	01:50:33
1025	823	JORGE FERREIRA	54	M5054	141	M			GD OS ASES	01:51:15	01:50:32
1026	1102	MARIO ZANATTI	47	M4549	159	M			INDIVIDUAL	01:51:16	01:50:56
1027	1374	JOAO ALVES	47	M4549	160	M			INDIVIDUAL	01:51:16	01:50:27
1028	822	JOSE MARTINS	57	M5559	103	M			GD OS ASES	01:51:21	01:50:39
1029	738	ISABEL OLEIRO	34	F2034	20	F			GD MACEDO	01:51:24	01:50:46
1030	730	ANTONIA OLEIRO	40	F4044	13	F			GD MACEDO	01:51:25	01:46:22
1031	1344	LUIS LEITAO	31	M2034	159	M			INDIVIDUAL	01:51:26	01:50:08
1032	450	ANALICE SILVA	64	F4599	12	F			LIBERDADE AC	01:51:31	01:51:21
1033	886	GABRIEL ANTONIO	44	M4044	192	M			GALAPA SA	01:51:43	01:50:27
1034	893	HELIO CARREIRA	29	M2034	160	M			GALAPA SA	01:51:46	01:50:31
1035	1428	JOAO OLIVEIRA	53	M5054	142	M			INDIVIDUAL	01:52:01	01:51:07
1036	1014	JOSE GOMES	60	M6064	41	M			OSIS	01:52:06	01:51:06
1037	1401	JOAQUIM CRUZ	49	M4549	161	M			INDIVIDUAL	01:52:07	01:51:04
1038	487	ORLANDO SOUSA	45	M4549	162	M			CCDT	01:52:09	01:51:04
1039	1094	MANUEL GOMES	42	M4044	193	M			INDIVIDUAL	01:52:09	01:51:01
1040	1149	ANTONIO MONTEIRO	42	M4044	194	M			INDIVIDUAL	01:52:10	01:51:05
1041	488	RAFAEL SANTOS	40	M4044	195	M			CCDT	01:52:15	01:51:07
1042	1007	LUISA FREITAS	28	F2034	21	F			SOL SOMBRA	01:52:18	01:46:59
1043	1306	LUIS NOGUEIRA	37	M3539	158	M			INDIVIDUAL	01:52:18	01:51:04
1044	359	JOAO SIMOES	53	M5054	143	M			GDCT BES	01:52:24	01:52:07

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1045	212	PEDRO CARDOSO	25	M2034	161	M		PM OEIRAS	01:52:29	01:51:51
1046	600	JOAO COUTINHO	43	M4044	196	M		CLUBE STRESS	01:52:34	01:51:33
1047	364	NUNO RODRIGUES	31	M2034	162	M		GDCT BES	01:52:35	01:52:13
1048	367	JOSE MESTRE	50	M5054	144	M		GD BANCO BPI	01:52:35	01:51:27
1049	787	JOSE OLIVEIRA	66	M6599	18	M		CCD O ALVITEJO	01:52:38	01:52:14
1050	1408	ROBERTO BETTENCOURT	32	M2034	163	M		INDIVIDUAL	01:52:45	01:52:18
1051	1295	PAULO LAPAO	41	M4044	197	M		INDIVIDUAL	01:52:51	01:52:23
1052	1300	KATJA GOETTSCHKE	43	F4044	14	F		INDIVIDUAL	01:52:59	01:52:26
1053	168	LURDES HENRIQUES	50	F4599	13	F		CD ASAS	01:53:01	01:52:15
1054	758	LUIS ROSA	54	M5054	145	M		CAA BELEM	01:53:08	01:52:48
1055	166	LINA GAMA	40	F4044	15	F		CD ASAS	01:53:09	01:52:43
1056	1187	JOSE LUCAS	65	M6599	19	M		INDIVIDUAL	01:53:09	01:53:09
1057	123	MANUEL NUNES	51	M5054	146	M		OS NUNES	01:53:10	01:52:00
1058	125	DANIEL NUNES	27	M2034	164	M		OS NUNES	01:53:13	01:52:03
1059	974	CONCEIÇÃO TUBETO	44	F4044	16	F		NA ALCABIDECHE	01:53:13	01:52:22
1060	474	JOAQUIM BELGA	55	M5559	104	M		GDU CAXIENSES	01:53:15	01:52:19
1061	1150	RICARDO FRAZAO	30	M2034	165	M		INDIVIDUAL	01:53:26	01:53:14
1062	234	LUIS ABREU	39	M3539	159	M		HP CLUB	01:53:28	01:52:30
1063	1033	ANA ADRO	35	F3539	18	F		CCDF EP LINHO	01:53:36	01:53:25
1064	328	PAULO SANTOS	33	M2034	166	M		PM OEIRAS	01:53:44	01:53:09
1065	1432	JOSE COSTA	43	M4044	198	M		INDIVIDUAL	01:53:48	01:53:07
1066	1433	PAULO VIEIRA	40	M4044	199	M		INDIVIDUAL	01:53:48	01:53:10
1067	327	CARLOS SILVA	29	M2034	167	M		PM OEIRAS	01:53:50	01:53:13
1068	1054	JORGE OLIVEIRA	56	M5559	105	M		C FERROV	01:53:59	01:53:46
1069	960	TIAGO COSTA	20	M2034	168	M		D MONTE REAL	01:54:03	01:53:57
1070	436	MIGUEL CASTELA	37	M3539	160	M		MULTITEAM	01:54:05	01:53:28
1071	1450	HENRIQUE CABACEIRA	46	M4549	163	M		INDIVIDUAL	01:54:06	01:53:30
1072	1245	MIGUEL MACHADO	38	M3539	161	M		INDIVIDUAL	01:54:10	01:53:52
1073	336	ORLANDO SILVA	48	M4549	164	M		OS ZATOPEQUES	01:54:13	01:53:11
1074	353	RUI ROSA	51	M5054	147	M		CARDIO SANTA	01:54:13	01:53:14
1075	1208	JOAO PROENÇA	37	M3539	162	M		INDIVIDUAL	01:54:21	01:53:07
1076	1172	PAULO VALENTE	63	M6064	42	M		INDIVIDUAL	01:54:27	01:54:03
1077	831	JOAO GONÇALVES	46	M4549	165	M		PRAZER CORRIDA	01:54:28	01:53:25
1078	14	PAULA MACHADO	53	F4599	14	F		CCDP MUN CASCAIS	01:54:29	01:54:17
1079	1252	ALBERTO REIS	44	M4044	200	M		INDIVIDUAL	01:54:30	01:53:24
1080	659	SUSANA PALMA	34	F2034	22	F		CP IVA	01:54:31	01:54:20
1081	398	PEDRO PIRES	43	M4044	201	M		CLAC PAREDE	01:54:32	01:53:21
1082	771	ANTONIO SANTOS	29	M2034	169	M		REST CANTINHO	01:54:33	01:54:20
1083	573	HUGO SALVADOR	22	M2034	170	M		AC PORTO SALVO	01:54:36	01:53:55
1084	408	JOAO GONÇALVES	61	M6064	43	M		CLAC PAREDE	01:54:37	01:54:04
1085	423	ARTUR ABILIO	52	M5054	148	M		NASHUATEC	01:54:38	01:53:52
1086	1327	MARIO PIRES	48	M4549	166	M		INDIVIDUAL	01:54:46	01:53:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1087	110	ANTONIO SILVA	51	M5054	149	M		OS INDOMAVEIS	01:54:54	01:54:26
1088	1066	MANUEL ALMEIDA	50	M5054	150	M		GRDC LEIAO	01:54:55	01:54:37
1089	1240	ANA PEIXOTO	30	F2034	23	F		INDIVIDUAL	01:54:55	01:54:04
1090	12	JOSE CARDOSO	64	M6064	44	M		CCDP MUN CASCAIS	01:54:58	01:53:52
1091	1400	DIETER SCHAEFER	49	M4549	167	M		INDIVIDUAL	01:55:10	01:54:55
1092	636	JOAO PERES	43	M4044	202	M		AA LEBRES SADO	01:55:16	01:55:02
1093	654	CELIA AZENHA	43	F4044	17	F		AA LEBRES SADO	01:55:17	01:55:09
1094	19	ANTONIO MOEDA	48	M4549	168	M		ANL	01:55:22	01:54:27
1095	1273	LUIS BATISTA	37	M3539	163	M		INDIVIDUAL	01:55:22	01:54:59
1096	1253	MIGUEL FERREIRA	37	M3539	164	M		INDIVIDUAL	01:55:29	01:54:27
1097	1254	JOAO TABORDA	35	M3539	165	M		INDIVIDUAL	01:55:29	01:54:22
1098	572	FERNANDO MAGALHAES	51	M5054	151	M		CCD EFACEC LISBOA	01:55:30	01:55:10
1099	220	PAULO AMORIM	43	M4044	203	M		LETRAS & NUMEROS	01:55:31	01:54:18
1100	1261	CRISTINA SALVADO	37	F3539	19	F		INDIVIDUAL	01:55:31	01:55:14
1101	1415	CARLOS COSTA	45	M4549	169	M		INDIVIDUAL	01:55:37	01:54:51
1102	759	FERNANDO FONSECA	54	M5054	152	M		CAA BELEM	01:55:44	01:54:46
1103	32	MARILIA RIBEIRO	24	F2034	24	F		GM MECANICA	01:55:45	01:54:54
1104	75	ARMENIO CORREIA	45	M4549	170	M		GUP GRALHAS	01:55:45	01:55:15
1105	1180	JOAO VARELA	35	M3539	166	M		INDIVIDUAL	01:55:51	01:54:56
1106	17	MARIO ESPANHA	64	M6064	45	M		ANL	01:55:52	01:54:55
1107	18	ANA FATELA	47	F4599	15	F		ANL	01:55:52	01:54:52
1108	1179	RICARDO VARELA	27	M2034	171	M		INDIVIDUAL	01:55:52	01:54:58
1109	1190	JORGE ESTEVES	43	M4044	204	M		INDIVIDUAL	01:55:54	01:55:27
1110	145	FRANCISCO OLIVEIRA	51	M5054	153	M		A VALE SILENCIO	01:55:56	01:54:42
1111	1249	ROGERIO FALCAO	40	M4044	205	M		INDIVIDUAL	01:55:56	01:55:02
1112	74	NUNO CAMILO	29	M2034	172	M		VAMOSSIMBORA	01:55:59	01:55:07
1113	843	OSCAR MARQUES	54	M5054	154	M		C MILLENNIUM BCP	01:56:09	01:55:30
1114	1398	DIDIER COLLINGNON	40	M4044	206	M		INDIVIDUAL	01:56:12	01:54:58
1115	1039	GRAG COFFEY	40	M4044	207	M		O MUNDO CORRIDA	01:56:13	01:55:46
1116	1399	RAFAEL ASCENSO	41	M4044	208	M		INDIVIDUAL	01:56:13	01:54:55
1117	1091	GORETI PAULO	49	F4599	16	F		INDIVIDUAL	01:56:19	01:55:22
1118	190	JOAO MOUTA	28	M2034	173	M		GRANDELLA CREW	01:56:26	01:55:12
1119	325	ODETE BARRETO	45	F4599	17	F		CAPARICA MEXE	01:56:29	01:55:27
1120	1006	JOAO MARTINS	37	M3539	167	M		SOL SOMBRA	01:56:34	01:51:15
1121	1258	AGNESA ERIC	47	M4549	171	M		INDIVIDUAL	01:56:34	01:55:54
1122	116	RUI CHAVES	44	M4044	209	M		QUIOSQUE MIRANTE	01:56:35	01:55:56
1123	117	MANUEL FERREIRA	61	M6064	46	M		QUIOSQUE MIRANTE	01:56:35	01:55:56
1124	356	AMERICO ALMEIDA	44	M4044	210	M		CARDIO SANTA	01:56:36	01:55:45
1125	1305	FATIMA DUARTE	36	F3539	20	F		INDIVIDUAL	01:56:42	01:56:02
1126	1315	FATIMA OLIVEIRA	46	F4599	18	F		INDIVIDUAL	01:56:42	01:56:32
1127	165	FERNANDO PEREIRA	40	M4044	211	M		CD ASAS	01:56:47	01:55:42
1128	164	ANTONIO RAIMUNDO	23	M2034	174	M		CD ASAS	01:56:48	01:55:43

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1129	513	PAULO BILAO	37	M3539	168	M		SS CGD	01:57:27	01:56:42
1130	973	LUIA PISCO	45	F4599	19	F		NA ALCABIDECHE	01:57:29	01:56:41
1131	597	CARLOS P ABREU	40	M4044	212	M		CLUBE STRESS	01:57:43	01:57:04
1132	538	JOAQUIM MACHADO	55	M5559	106	M		CCDT AUT ALMADA	01:57:51	01:57:02
1133	494	JOSE PEREIRA	47	M4549	172	M		SC MOITENSE	01:57:54	01:57:11
1134	1263	JOSE L FERREIRA	41	M4044	213	M		INDIVIDUAL	01:58:02	01:56:46
1135	1307	PAULO CORDEIRO	41	M4044	214	M		INDIVIDUAL	01:58:15	01:56:58
1136	825	GIL SILVA	54	M5054	155	M		GD OS ASES	01:58:20	01:57:37
1137	856	LEONEL FERREIRINHA	59	M5559	107	M		C MILLENNIUM BCP	01:58:22	01:57:45
1138	1357	JOSE CONCEIÇÃO	62	M6064	47	M		INDIVIDUAL	01:58:22	01:57:45
1139	1188	FERNANDO INACIO	71	M6599	20	M		INDIVIDUAL	01:58:33	01:57:34
1140	293	Mª MANUEL FOLGADO	57	F4599	20	F		VALEJAS AC	01:58:38	01:58:31
1141	167	HELENA CUNHA	49	F4599	21	F		CD ASAS	01:58:41	01:57:41
1142	1298	JOSE LOBO	47	M4549	173	M		INDIVIDUAL	01:58:41	01:58:24
1143	294	VITORIA MONTEIRO	55	F4599	22	F		VALEJAS AC	01:58:42	01:57:52
1144	817	JOSE PARRANÇA	70	M6599	21	M		CR CRUZ PAU	01:58:47	01:58:19
1145	292	JORGE COELHO	43	M4044	215	M		VALEJAS AC	01:58:50	01:57:37
1146	85	VASCO FERREIRA	32	M2034	175	M		GDCT IN CASA	01:58:55	01:58:36
1147	1197	EBERHARD WILHELM	59	M5559	108	M		INDIVIDUAL	01:59:12	01:58:57
1148	1265	VITOR FERNANDES	57	M5559	109	M		INDIVIDUAL	01:59:12	01:58:00
1149	591	JOAQUIM LEAL	44	M4044	216	M		CLUBE STRESS	01:59:25	01:58:11
1150	87	JOAO FREIRE	42	M4044	217	M		GDCT IN CASA	01:59:27	01:59:06
1151	1440	RUI CAETANO	21	M2034	176	M		INDIVIDUAL	01:59:29	01:58:35
1152	1134	FERNANDO MATIAS	42	M4044	218	M		INDIVIDUAL	01:59:42	01:59:37
1153	1161	ANTONIO CORREIA	46	M4549	174	M		INDIVIDUAL	01:59:58	01:59:32
1154	289	ILIDIO TORGAL	65	M6599	22	M		VALEJAS AC	02:00:01	01:58:45
1155	510	ANDRE NORONHA	43	M4044	219	M		SS CGD	02:00:01	01:59:30
1156	215	ANTONIO FERREIRA	46	M4549	175	M		GRD OS FIXES	02:00:06	01:59:46
1157	287	CARLOS CRESPO	45	M4549	176	M		VALEJAS AC	02:00:06	01:58:51
1158	1407	MARIO BAIARRADA	55	M5559	110	M		INDIVIDUAL	02:00:15	01:59:10
1159	376	ALBERTO SANTOS	51	M5054	156	M		GD BANCO BPI	02:00:28	01:59:16
1160	601	RUI DINIS	41	M4044	220	M		CLUBE STRESS	02:00:31	01:59:31
1161	1257	DUSSART HERVE	44	M4044	221	M		INDIVIDUAL	02:00:36	01:59:56
1162	1169	JOAO BORA	45	M4549	177	M		INDIVIDUAL	02:00:45	02:00:31
1163	680	CARLOS PAIVA	63	M6064	48	M		AÇOREANA	02:00:54	02:00:39
1164	584	TIAGO RODRIGUES	34	M2034	177	M		CLUBE STRESS	02:01:07	01:59:58
1165	1185	JOSE D MARTINS	50	M5054	157	M		INDIVIDUAL	02:01:07	01:59:58
1166	604	ANTONIO C T DUARTE	56	M5559	111	M		CLUBE STRESS	02:01:13	02:00:04
1167	407	JOSE FIGUEIRA	54	M5054	158	M		CLAC PAREDE	02:02:03	02:01:30
1168	373	CARLOS RODA	48	M4549	178	M		GD BANCO BPI	02:02:19	02:01:14
1169	131	Mª LURDES SILVA	35	F3539	21	F		VAMOSSIMBORA	02:02:22	02:01:29
1170	569	JOSE CORREIA	28	M2034	178	M		CCD EFACEC LISBOA	02:02:45	02:02:25

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1171	326	RICARDO HELENA	26	M2034	179	M		PM OEIRAS	02:02:51	02:02:14
1172	590	CARLOS FIGUEIREDO	43	M4044	222	M		CLUBE STRESS	02:02:57	02:01:44
1173	1038	JOHN WHITE	44	M4044	223	M		O MUNDO CORRIDA	02:03:07	02:02:41
1174	39	HENRIQUE VILHENA	51	M5054	159	M		SMO PROGRESSO	02:03:28	02:02:39
1175	1423	JOSE C MENDES	56	M5559	112	M		INDIVIDUAL	02:03:28	02:02:57
1176	357	RUI SANTOS	39	M3539	169	M		CARDIO SANTA	02:03:33	02:02:41
1177	1215	TEREZA KNAPIC	55	F4599	23	F		INDIVIDUAL	02:03:35	02:02:37
1178	400	VASCO REBELO	41	M4044	224	M		CLAC PAREDE	02:03:50	02:03:14
1179	1384	LEA ETINGOF	36	F3539	22	F		INDIVIDUAL	02:03:50	02:03:35
1180	242	CARLOS SANCHES	43	M4044	225	M		HP CLUB	02:03:55	02:02:57
1181	189	PEDRO MOUTA	33	M2034	180	M		GRANDELLA CREW	02:04:09	02:02:54
1182	1339	SANDRA MARTINS	30	F2034	25	F		INDIVIDUAL	02:04:09	02:03:46
1183	567	MANUEL GOMES	62	M6064	49	M		CCD EFACEC LISBOA	02:04:10	02:03:48
1184	1328	JOAO S LIMA	47	M4549	179	M		INDIVIDUAL	02:04:11	02:03:47
1185	1228	RUI PEDRAS	49	M4549	180	M		INDIVIDUAL	02:04:16	02:04:16
1186	632	Mª DE LA FUENTE	25	F2034	26	F		JOVENS SERRA	02:04:17	02:03:19
1187	1381	ISABEL MOLEIRO	40	F4044	18	F		INDIVIDUAL	02:04:28	02:03:16
1188	1382	NUNO CALVO	34	M2034	181	M		INDIVIDUAL	02:04:28	02:03:15
1189	425	ANTONIO BRITO	58	M5559	113	M		NASHUATEC	02:04:50	02:04:03
1190	814	ALICE FERNANDES	41	F4044	19	F		CR CRUZ PAU	02:04:52	02:04:02
1191	38	JORGE NARCISO	47	M4549	181	M		SMO PROGRESSO	02:05:03	02:04:42
1192	1390	RUI RUBEN	29	M2034	182	M		INDIVIDUAL	02:05:41	02:05:01
1193	435	Mª CECILIA NICOLAU	41	F4044	20	F		MULTITEAM	02:05:43	02:05:03
1194	438	LUIS NUNES	34	M2034	183	M		MULTITEAM	02:05:44	02:05:04
1195	439	VITOR MOURAO	36	M3539	170	M		MULTITEAM	02:05:45	02:05:06
1196	798	ANTONIO CASTRO	38	M3539	171	M		GD SANTANDER	02:05:48	02:05:48
1197	410	PEDRO ALBUQUERQUE	64	M6064	50	M		CLAC PAREDE	02:05:52	02:05:13
1198	253	SUZY CALE	36	F3539	23	F		JF PORTELA	02:06:10	02:05:33
1199	21	MANUEL SANTOS	60	M6064	51	M		GDCT REPSOL	02:06:24	02:05:21
1200	240	FERNANDO R MAIOR	38	M3539	172	M		HP CLUB	02:06:36	02:05:36
1201	321	CARLOS CANHOTA	51	M5054	160	M		GD MPL	02:06:41	02:06:12
1202	263	CATARINA COELHO	36	F3539	24	F		ST JULIANS SCHOOL	02:06:58	02:06:58
1203	1166	PEDRO CUNHA	55	F4599	24	F		INDIVIDUAL	02:06:59	02:06:59
1204	24	LUIS TORRAO	54	M5054	161	M		GDCT REPSOL	02:07:05	02:06:17
1205	481	JOSE VALENTE	54	M5054	162	M		CCDT	02:07:42	02:06:37
1206	613	JOAO PALMA	61	M6064	52	M		CLUBE STRESS	02:07:47	02:06:35
1207	608	JOAO BELCHIOR	46	M4549	182	M		CLUBE STRESS	02:07:48	02:06:38
1208	171	JOSE FERRABELO	54	M5054	163	M		CD ASAS	02:07:58	02:06:51
1209	1124	FERNANDO MARQUES	45	M4549	183	M		INDIVIDUAL	02:08:21	02:07:03
1210	1000	JOSE OLIVEIRA	28	M2034	184	M		CLUBE OGMA	02:08:28	02:08:28
1211	1123	CARLOS BARATA	53	M5054	164	M		INDIVIDUAL	02:08:29	02:08:29
1212	999	JOSE SIMOES	45	M4549	184	M		CLUBE OGMA	02:08:35	02:07:43

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
1213	40	LAURENTINO SANTOS	53	M5054	165	M			SMO PROGRESSO	02:08:46	02:07:32
1214	773	HELENA MAGALHAES	37	F3539	25	F			URCA	02:08:46	02:07:32
1215	1113	JOAO BATISTA	69	M6599	23	M			INDIVIDUAL	02:09:23	02:08:41
1216	69	MANUEL MOSTEIAS	42	M4044	226	M			NA BEIERSDORF	02:09:25	02:08:10
1217	1444	MANUEL MATOS	57	M5559	114	M			INDIVIDUAL	02:09:38	02:08:24
1218	173	ISAC DINIS	57	M5559	115	M			CD ASAS	02:09:40	02:08:38
1219	95	DANIEL MORAIS	28	M2034	185	M			OS FLECHAS	02:10:00	02:09:02
1220	587	NUNO PAIS	31	M2034	186	M			CLUBE STRESS	02:10:13	02:09:05
1221	588	LUIS FERREIRA	56	M5559	116	M			CLUBE STRESS	02:10:14	02:09:02
1222	1468	CRISTINA BLANCO	46	F4599	25	F			INDIVIDUAL	02:10:15	02:09:06
1223	1412	RUI SANTOS	38	M3539	173	M			INDIVIDUAL	02:10:16	02:08:59
1224	1385	RICARDO PRATAS	33	M2034	187	M			INDIVIDUAL	02:10:35	02:09:51
1225	484	GUALDINO FREIRE	62	M6064	53	M			CCDT	02:10:42	02:09:36
1226	691	MIGUEL SILVA	47	M4549	185	M			AÇOREANA	02:11:42	02:10:32
1227	1210	MIGUEL BATISTA	50	M5054	166	M			INDIVIDUAL	02:11:42	02:11:42
1228	369	PAULO GODINHO	40	M4044	227	M			GD BANCO BPI	02:13:00	02:11:49
1229	374	CAROLINA RODA	50	F4599	26	F			GD BANCO BPI	02:13:25	02:12:17
1230	1147	FERNANDO FERREIRA	44	M4044	228	M			INDIVIDUAL	02:13:25	02:12:05
1231	252	Mª CARMO ANJOS	61	F4599	27	F			JF PORTELA	02:13:52	02:13:07
1232	302	NUNO OLIVEIRA	31	M2034	188	M			#1	02:14:18	02:14:09
1233	241	ELSA CARDOSO	36	F3539	26	F			HP CLUB	02:15:23	02:14:22
1234	68	ISABEL CORREIA	56	F4599	28	F			NA BEIERSDORF	02:15:24	02:14:13
1235	329	LUIS GRAVE	50	M5054	167	M			OS ZATOPEQUES	02:16:33	02:16:03
1236	94	ARMANDO RODRIGUES	34	M2034	189	M			OS FLECHAS	02:17:29	02:16:32
1237	1352	HERLANDER BRAS	48	M4549	186	M			INDIVIDUAL	02:19:30	02:18:22
1238	67	LUIS MOURA	45	M4549	187	M			NA BEIERSDORF	02:21:16	02:20:03
1239	1035	JENIFER NEIDHART	37	F3539	27	F			O MUNDO CORRIDA	02:24:34	02:23:29
1240	1318	JORGE SOBRAL	69	M6599	24	M			INDIVIDUAL	02:26:05	02:24:51
1241	965	ANIBAL FREIRE	55	M5559	117	M			D MONTE REAL	02:28:15	02:27:06
1242	1386	JOAO FELISBERTO	21	M2034	190	M			INDIVIDUAL	02:28:55	02:28:10
1243	1297	ANTONIO FABIAO	47	M4549	188	M			INDIVIDUAL	02:32:29	02:32:29